

*Welcome to Baltimore!*



*2024 Conference Guide*

# We're redefining skeletal dysplasia care.

Our expert, multidisciplinary team has spent decades caring for patients with rare and complex types of skeletal dysplasia. We work with families to develop customized care plans and provide exceptional surgical and nonsurgical services all under one roof at Nemours Children's Hospital, Delaware.



## Get to know our outstanding team here at the LPA Conference.

**Jenna Briddell, MD**  
Pediatric Otolaryngologist

**Jeffrey Campbell, MD, MS, MBA**  
Pediatric Neurosurgeon

**Ricki S. Carroll, MD, MBE**  
Skeletal Dysplasia Pediatrician,  
Palliative Care

**Mahim Jain, MD, PhD**  
Medical Director, Skeletal Dysplasia Program  
Skeletal Dysplasia Pediatrician, Geneticist

**W. G. Stuart Mackenzie, MD**  
Elizabeth W. Snyder Endowed Chair in  
Skeletal Dysplasia  
Surgical Director, Skeletal Dysplasia Program  
Pediatric Orthopedic Surgeon

**Abraham Oomen, MD**  
Anesthesiologist

**Mary Theroux, MD**  
Anesthesiologist

**Colleen P. Ditro, RN, DNP, CPNP, FAANP**  
Pediatric Nurse Practitioner  
Manager, Clinical Operations, Orthopedics

**Angela L. Duker, MS, CGC**  
Genetic Counselor/Coordinator

**Katie Harp, LCSW**  
Licensed Clinical Social Worker

**Mary Ellen Little, BSN, RN**  
Nurse Navigator

**Sarah Little, MSPAS, PA-C**  
Physician Assistant

**Tina McGreal, MSN, NP-C**  
Nurse Practitioner

**Andrea J. Schelhaas, MS, CGC**  
Genetic Counselor

**Karen Turner, PT, MS, BSPTS C2**  
Physical Therapist



To learn more about  
our program, scan  
the QR code.



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# Welcome to

b a l t i m o r e

Welcome home! We've been waiting for a whole year to see you all at this year's Little People of America 2024 National Conference. We're absolutely thrilled to host a fantastic week of learning, laughing, and loving each other, right here at the Baltimore Marriott Waterfront.

We've curated an array of exciting events and experiences to make your stay memorable. From the charm of Baltimore's Inner Harbor to the vibrant history of our city, there's fun for everyone.

Get ready to rock out because Friday kicks off our week with a bang with our first dance! Dust off those dancing shoes and join us for a night of showing off those moves that you've been secretly practicing all year. But that's just the beginning! On Saturday, the excitement continues as we welcome more attendees and dive into Meet & Greets, Teen, and CITM activities. And guess what? We're taking you out to the ball game as the Baltimore Orioles face off against the Texas Rangers at Camden Yards. As always, we predict a win for the Orioles, but you never know - Texas may bring some heat (but probably not).

Sunday is jam-packed with opportunities for learning and connection. Parents Meetings kick off, and our renowned medical workshops with LPA's Medical Advisory Board members begin. But don't worry, there's still time for socializing with more Meet & Greets and Receptions. Plus, CITM teens and tweens will be embarking on an adventure at the Maryland Science Center. And hold onto your hats because Sunday night, we're making a splash at LPA's Aquabash Celebration at the National Aquarium, sponsored by the Greenberg Center at Johns Hopkins. Afterward, head over to the Barty Lounge for the first night of music – the party never stops!

On Monday, the MAB individual meetings begin, or join the Discover Annapolis tour for a taste of history and culture. Then, get ready to strut your stuff at one of the most anticipated events of the week – LPA's Fashion Show: Celebrating our Community. And of course, we can't forget about Bingo night followed by karaoke at the Barty Lounge – it's a night you won't want to miss!

Tuesday is all about showcasing talent and exploring. Join us for LPA's Talent Show: Hairspray! as we celebrate the incredible skills and creativity within our community. And when the show's over, head to the Barty Lounge for the Little Big Band – the band led by MAB and LP members

alike, and one of the most popular nights of the conference. Wednesday brings a chance to explore Baltimore's beautiful Harbor aboard the Water Taxi. Then, gather 'round for Mark Povinelli's captivating performance of Benjamin Lay. Not only is Mark our awesome past president, he has won big fancy awards for turning into our friend Mr. Lay.

And finally, on Thursday, we'll come together for the grand finale – the Star Spangled Awards Banquet. Let's celebrate the shining stars of our community and wrap up the week with gratitude and joy. But don't worry, the fun isn't over just yet – join us for our last nightly dance where goodbyes are never easy.

Throughout the week's festivities, be sure to check out the OWLS events and the new Lee Kitchens' Corner for even more entertainment, community, and connection. We also encourage you to step outside and take a moment to appreciate the beauty and uniqueness of Baltimore. From our rich history to our thriving arts scene, there's no shortage of reasons why we love our city.

There is a saying in Baltimore that crabs may be prepared in fifty ways and that all of them are good. We hope you find your friendships this week just as plentiful as Baltimore crabs - wonderful, unique, and sometimes even a little spicy, but only in the good ways. Get ready for a week of adventure, laughter, and memories that will last a lifetime. Welcome to the 2024 LPA National Conference – let's make it one for the books!

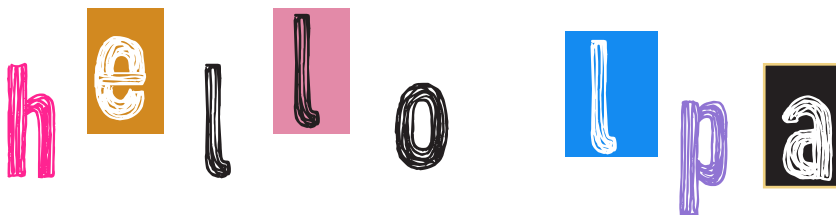
Happily and With Love,

Colleen Gioffreda, *CMC Chair*

Sheryl Hankins, *CMC Co-Chair*

Sarah Little, *CMC Co-Chair*

Michael Petruzzelli, *CMC Co-Chair*





## *Letter from Eileen Norman* President of Little People of America

*Good morning, Baltimore!*

(And good afternoon, good evening, and good night. We're here all week so I want to cover all greetings)

On behalf of LPA's Board of Directors, the Conference Management Committee, our awesome LPA staff, and our amazing volunteers - I just want to say a big, warm welcome to each and every one of you to LPA's National Conference 2024, right here in the lively city of Baltimore!

As we all gather in this fantastic city, we're all in for an incredible journey of learning, connecting, and just plain having fun together. This conference is all about celebrating our fantastic diversity, shouting loud for inclusivity, and lifting each other up - both those of us with dwarfism and our awesome allies.



Over the next few days, get ready for some seriously cool stuff - we're talking insightful chats, engaging workshops, and the chance to meet some incredible folks from all over the globe. We're diving into everything from healthcare and making things more accessible, to education and standing up for what's right - all with the aim of making our world a more inclusive place.

But hey, it's not all serious business! We've got some great networking opportunities lined up too. So, don't be shy - share your stories, swap ideas, and make some new friends. Trust me, these connections will stick with you long after the conference is over.

So, let's kick things off right, and let's do it together! Let's get inspired by the awesome strength and resilience of our community. Together, we're gonna tear down barriers, challenge every stereotype, and make the world a better place for everyone.

Once again, welcome to Baltimore! Here's to an experience that's not just enlightening and empowering, but downright unforgettable.

Looking forward to either seeing you again or meeting you for the first time!

All the Best,

*Eileen*

*President, Little People of America*



**Letter from Brandon Scott**  
**The Mayor of Baltimore**



BRANDON M. SCOTT  
MAYOR  
100 Holliday Street, Room 250  
Baltimore, Maryland 21202



June 28, 2024

Welcome to Baltimore!

On behalf of the people of Baltimore, it is my pleasure to welcome you to our great city for the Little People of America National Conference.

Little People of America (LPA) is a primarily all-volunteer organization for persons and families involved with the condition of dwarfism. With more than 7500 members across the United States and internationally, LPA is dedicated to improving the quality of life for people with dwarfism throughout their lives while celebrating with great pride Little People's contribution to social diversity.

I am delighted that you have chosen Baltimore for this year's convention, and I invite you to explore our great city. From Baltimore's numerous waterfront attractions, outstanding restaurants, and fabulous shopping to our charming neighborhoods, historical sites, and world-class art museums, you'll find that our city has something for everyone. Thank you for choosing Baltimore for your event, and best wishes for a memorable conference!

Sincerely,

Brandon M. Scott  
Mayor  
City of Baltimore



WELCOME  
BACK.

LPA IS LOVE.



# Parking Systems

## CELEBRATES

- S**UPPORT
- E**DUCTION
- L**OVE
- F**AMILY
- C**OMMUNITY
- A**DVOCACY
- R**ESOURCES
- E**MPATHY



Parking Systems, an LPA partner, supports the CMC Chair in advocating for self-care. Remember your self care this week, as many of us will be gathering together in Baltimore. Self care is important, here and back at home, too.



Speaking of self care, we also want to honor and recognize our sweetest teammate, Sheryl Hankins. While she is not able to join us this year, we want to recognize how much time and energy she has given to LPA Conferences over the past 20 years. She has seen this Conference through, since late 2018, planning and organizing every little detail with the most compassion and sensitivity around our community. She is taking some much needed time for her own self care this summer, which is most important, but we'll miss her still. We love you, Sheryl! ❤️



## Conference Committee

### Conference Management Committee

Colleen Gioffreda	Chair; Registration, Hotel Liaison, Medical Advisory Board Liaison, Publications, Communications, DAAA Liaison, Finances
Sheryl Hankins	Co-Chair; Space Planning, Food and Beverage, Banquet, Children's Banquet, Receptions, Children's Room, Meet & Greets, Workshops, Family Fun Night, Archives, Spanish Liaison, A/V
Sarah Little	Co-Chair; Registration, Badge Builder, Young Adults
Michael Petruzzelli	Co-Chair; Offsite Events, Transportation, Volunteers, Barty Lounge, Lee Kitchen's Corner, Security, Aquabash!, Bingo, Expo, Caught in the Middle (CITM), Teens, Dwarf Artists Coalition Liaison

## DID YOU KNOW?

LPA has its very own concierge desk on the 3rd floor - ready to answer your questions! Come check us out!

## Conference Committee Leads

<i>Average Height Youth Coordinator</i>	Katharine Cartwright
<i>Audio/Visual</i>	M-Factor/Mike & Cherylle Mallinson
<i>Archives</i>	Jim Kay
<i>Banquet Producer</i>	Bailey O'Connell
<i>Barty Lounge</i>	Michael Petruzzelli / Joy Stilen
<i>Bingo</i>	Jimmy Korpai
<i>Caught In The Middle (CITM)</i>	Drew Ellis
<i>Children's Room</i>	Lou Ann McKay
<i>Children's Banquet</i>	Jimmy Korpai, Hailey Korpai
<i>Crisis Solver/ CMC Hero of the Decade</i>	Sandy Taylor
<i>District 3 Director</i>	Jennifer Edwards
<i>DAAA</i>	Dan Hamill
<i>Dwarf Artists Coalition</i>	Margaret Drew
<i>EXPO Coordinator</i>	Michael Petruzzelli / Rebecca Fava / Jamie O'Meara
<i>Fashion Show Coordinator</i>	Lauren Humphries
<i>Graphic Artist</i>	Jon Morato / Colleen Gioffreda
<i>LPA Concierge</i>	Rebecca Fava
<i>MAB Clinic Coordinator</i>	Colleen Gioffreda
<i>Opening Celebration</i>	Michael Petruzzelli
<i>OWLS Coordinator</i>	Greg Lawrence / Harold Weaver
<i>Parent Meetings</i>	Kelly Lee / Nicole Nastasi
<i>Public Relations</i>	Jennifer Crumly
<i>Registration</i>	C. Gioffreda, S. Little, C. Mansperger, S. Taylor
<i>Security</i>	Chris O'Neill, John Tassone
<i>Shipping Coordinator</i>	Colleen Gioffreda
<i>SWAT</i>	Michelle Kraus
<i>Talent Show Coordinator</i>	Ryan Gioffreda, Keaton Povinelli
<i>Teen Events</i>	Ally O'Neill
<i>Volunteer Coordinator</i>	Amy Simon
<i>Workshop Coordinator</i>	Mary O'Neill
<i>Young Adult Coordinators</i>	Sha Jameson/ Madison Ehler



## **LPA National Board of Directors**

### **President**

Eileen Norman

### **Finance Director**

Tanya Morato

### **Membership Director**

Rachel Keller

### **Programs Director**

Danielle Frank

### **Public Relations Director**

Jennifer Crumly

### **Advocacy Director**

Samantha Rayburn-Trubyk

### **Development Director**

Jon Welch

### **Inclusion Director**

Maria McClellan

### **Eastern Regional At-Large Representative**

Michael Petruzzelli (*outgoing*) / Joshua Maudlin (*incoming*)

### **Central Regional At-Large Representative**

Joseph Tateoka (*outgoing*) / Allison Lourash (*incoming*)

### **Western Regional At-Large Representative**

Lee Uniacke

### **LPA Administrative Manager**

Courtney Mansperger

### **LPA Communication Coordinator**

Nichole Shaw

### **LPA Executive Director**

Deb Himself

## ***District Directors***

### **District 1**

Gary Smyrlian – lpa.districtone@gmail.com  
*Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont*

### **District 2**

Josh Maudlin – director@lpadistrict2.org  
*New Jersey, New York, and Pennsylvania*

### **District 3**

Jen Edwards– jedwards@d3lpa.org  
*Delaware, District of Columbia, Maryland, North Carolina, South Carolina, and Virginia*

### **District 4**

Aimee Rudd – lpadistrict4@gmail.com  
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### **District 5**

Michael Spears – district5@lpaonline.org  
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### **District 10**

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## ***District Directors (continued)***

### **District 11**

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### **District 12**

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*California, Hawaii, and Nevada*

### **District 13**

Brandy Mugford - lpadistrict13@gmail.com  
*Alabama, Georgia, Mississippi, and Tennessee*

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## ***LPA Scholarship Donors***

LPA is very grateful to this year's Scholarship donors who help LPA fulfill its mission of enhancing the lives of little people through education. In addition to the many donations LPA receives each year that benefit the Scholarship Fund, we would like to thank these donors for their generous gifts.

***Ellen Fernandez Scholarship Fund***

***Greenberg Center Scholarships***

***Cari Shaffer Scholarship***

***Little People of America Scholarship Fund***



## LPA Committee Chairs

<i>Adoption Coordinator</i>	Colleen Gioffreda	adoption.lpa@gmail.com
<i>ANSI Committee</i>	Allison Lourash	allison@lourash.com
<i>Bereavement / Double Dominance</i>	Mark Trombino Mary Ellen Little	trombinomark@hotmail.com melittle68@gmail.com
<i>Biotech Industry</i>	Michael Hughes	michael.hughes110@gmail.com
<i>Bylaw &amp; Policy Manual</i>	Ron Piro	RonPiro@aol.com
<i>Dwarf Artists Coalition</i>	Margaret Drew	dwarf.artist.coalition@gmail.com
<i>DAAA President</i>	Adam Ayers	president@daaa.org
<i>Employment Chair</i>	Becky Curran	beckymotivates@gmail.com
<i>Finance Chair</i>	Bryce Schelhaas	brycschlhs@gmail.com
<i>Historian/Archives</i>	Jim Kay	jelitkay@gmail.com
<i>Inclusion Committee</i>	OPEN	
<i>International Liaison</i>	Marie Trottier	marieatrottier@gmail.com
<i>Hispanic Affairs Committee</i>	Brenda Martinez	lpalatinos@gmail.com
<i>LPA Today Online, E-Newsletter Editor</i>	Nichole Shaw	lpatoday@lpaonline.org
<i>Medical Resource Director</i>	Ericka Okenfuss	erickamrd@gmail.com
<i>National Conference Management Committee Chair</i>	Colleen Gioffreda	nationalconference.lpa@gmail.com
<i>Parent Coordinators</i>	Kelly Lee Nicole Nastasi	kellylee.lpa@gmail.com nastasin@archildrens.org
<i>OWLS Coordinator (Seniors)</i>	Greg Lawrence Harold Weaver	gtlaw78@aol.com hweaver_benicia@sbcglobal.net
<i>Rainbow Committee Chair</i>	Bekah Bailey	bekahmbailey@gmail.com
<i>Teen Coordinator</i>	Ally O'Neill	allyoneill@comcast.net
<i>Young Adult Coordinator</i>	Madison Ehler Sha Jameson	madi16594@gmail.com



## Little People of America's Medical Advisory Board

LPA is very fortunate to have a team of doctors throughout the United States and internationally who have taken an interest in skeletal dysplasia. We are very thankful to the Fernandez family for sponsoring the MAB workshops and individual meetings through the Ellen Fernandez Fund. We are also very fortunate as an organization, because each year the MAB doctors **pay their own way** to the National Conference and meet with members for **free** to help individuals and families in our community. Please take a moment to stop by the medical clinic or stop them in the lobby to say "thank you". Through their knowledge, our members get access to the best care possible.



***LPA Medical Advisory Board Members in Attendance***

Dr. Julie Hoover-Fong, Chair	Johns Hopkins University	<i>Genetics</i>
Dr. Gary Bellus	Geisinger Medical Center	<i>Genetics</i>
Dr. Robert M. Bernstein	Shriners Hospital for Children	<i>Orthopedics</i>
Dr. Michael Bober	Nemours Hospital / Tyra Pharmaceuticals	<i>Genetics</i>
Dr. Jeffrey Campbell	Nemours Children's Hospital	<i>Orthopedics</i>
Erin Carter	NY Hospital for Special Surgery	<i>Genetic Counselor</i>
Colleen Ditro	Nemours Children's Hospital	<i>Nurse Practitioner</i>
Angie Duker	Nemours Children's Hospital	<i>Genetic Counselor</i>
Dr. Clair Francomano	Indiana University	<i>Genetics</i>
Colleen Gioffreda	Johns Hopkins University	<i>Administrator</i>
Dr. Mari Groves	Johns Hopkins University	<i>Neurosurgery</i>
Dr. Jacqueline Hecht	University of Texas Houston	<i>Genetics</i>
Dr. Dan Hoernschemeyer	University of Missouri	<i>Orthopedics</i>
Dr. George Jallo	Johns Hopkins All Children's	<i>Neurosurgery</i>
Dr. Deborah Krakow	University of California - LA	<i>OB /Gyn</i>
Dr. Janet Legare	University of Wisconsin - Madison	<i>Pediatrics</i>
Mary Ellen Little	Nemours Children's Hospital	<i>Nursing</i>
Dr. William Mackenzie	Nemours Children's Hospital	<i>Orthopedics</i>
Peggy Modaff	University of Wisconsin - Madison	<i>Genetic Counselor</i>
Dr. Sarah Nikkel	BC Women's Hospital and Health Centre	<i>Genetics</i>
Ericka Okenfuss	Kaiser Sacramento	<i>Genetic Counselor</i>
Dr. Cheryl Reid	Med-Metrix	<i>Genetics / Insurance</i>
Dr. Samantha Spencer	Children's Hospital - Boston	<i>Orthopedics</i>
Dr. George Tiller	Kaiser Los Angeles	<i>Genetics</i>
Dr. David Tunkel	Johns Hopkins University	<i>ENT</i>
Karen Turner	Nemours Children's Hospital	<i>Physical Therapy</i>
Dr. Klane White	Children's Colorado Hospital	<i>Orthopedics</i>



## *Additional Physicians in Attendance*

Dr. Bobby Brar	Johns Hopkins University	<i>Genetics</i>
Dr. Jenna Briddell	Nemours Children's Hospital	<i>ENT</i>
Dr. Ricki Carroll	Nemours Children's Hospital	<i>Genetics</i>
Dr. Tsulee Chen	Akron Children's Hospital	<i>Neurosurgery</i>
Dr. Jeffrey Ehmsen	Johns Hopkins University	<i>Genetics</i>
Dr. Jessica Fernandez	Johns Hopkins University	<i>Rehabilitation Medicine</i>
Dr. Edward Ginsberg	Johns Hopkins University	<i>Pediatric Dentistry</i>
Dr. Catherine Gooch	Washington University	<i>Genetics</i>
Dr. Hasan Gun	Johns Hopkins University	<i>Genetics</i>
Dr. Christina Jacobsen	Boston Children's Hospital	<i>Genetics / Endocrinology</i>
Dr. Mahim Jain	Nemours Children's Hospital	<i>Genetics</i>
Dr. Daniel Kenney-Jung	Johns Hopkins Hospital	<i>Genetics</i>
Dr. Jiya Kim	Johns Hopkins Hospital	<i>Genetics</i>
Dr. Michael Kropf	Cedars-Sinai Medical Center	<i>Orthopedics</i>
Dr. Amelia Lindgren	Cedars Sinai Hospital	<i>Orthopedics</i>
Dr. Rachel Lombardo	Phoenix Children's Hospital	<i>Genetics</i>
Dr. Stuart Mackenzie	Nemours Children's Hospital	<i>Orthopedics</i>
Dr. Anita Madison	Johns Hopkins Hospital	<i>Genetics</i>
Dr. Lisa McNamee	Johns Hopkins Hospital	<i>Genetics</i>
Dr. Blake Montgomery	Washington University	<i>Orthopedics</i>
Dr. Abraham Oommen	Nemours Children's Hospital	<i>Anesthesia</i>
Dr. Luis Ortiz	All Children's Johns Hopkins Hospital	<i>Pulmonology</i>

## Additional Physicians in Attendance

Dr. Rosa Ortiz DeLuna	Hospital General Dr. Norberto Trevino	<i>Genetics</i>
Dr. Cathleen Raggio	Hospital for Special Surgeries	<i>Orthopedics</i>
Dr. Caleb Rogers	Shriner's Hospital for Children	<i>Genetics</i>
Dr. Anthony Scaduto	University of California - Los Angeles	<i>Orthopedics</i>
Dr. Plamena Simeonova	Johns Hopkins University	<i>Genetics</i>
Dr. Mary Theroux	Nemours Children's Hospital	<i>Anesthesia</i>
Dr. Alexander Tuchman	Cedars-Sinai Medical Center	<i>Neurosurgery</i>
Dr. Isum Ward	Sanford Health – Sioux Falls	<i>Genetics</i>



**Camp Korey is more than a camp;** it's a place where kids with life-altering medical conditions can "just be kids," totally free of charge!

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Family Weekend  
November 8-10

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Mount Vernon, WA 98274  
(360) 416-4100 | [campkorey.org](http://campkorey.org)



## *Additional Medical Staff in Attendance*

Cassandra Brown	Nemours Children's Hospital	<i>Research Coordinator</i>
Janet Bell	Colorado Children's Hospital	<i>Genetic Counseling</i>
Niki Buckler	University of Missouri	<i>Orthopedic Assistant</i>
Kimberly Fine	West Kendall Baptist Hospital	<i>Occupational Therapy</i>
Katie Harp	Nemours Children's Hospital	<i>Social Work</i>
Kory Keller	Shriner's Hospital for Children	<i>Genetic Counseling</i>
Sungmin Kim	Colorado Children's Hospital	<i>Research Coordinator</i>
Celide Koerner	Johns Hopkins Hospital	<i>Nursing - Nutrition</i>
Andree Kropf	Cedars-Sinai Medical Center	<i>Nursing - Orthopedics</i>
Ana Maj	Children's Colorado Hospital	<i>Nursing</i>
Sarah Little	Nemours Children's Hospital	<i>Physician Assistant</i>
Emily Longenecker	Nemours Children's Hospital	<i>Research Assistant</i>
Kira Lurman	Johns Hopkins University	<i>Nursing - Genetics</i>
Deborah McInerney	NY Hospital for Special Surgery	<i>Nutrition</i>
Tina McGreal	Nemours Children's Hospital	<i>Nurse Practitioner</i>
Amy Patterson	Johns Hopkins University	<i>Genetic Counseling</i>
Elizabeth Rausch	Colorado Children's Hospital	<i>Physican Assistant</i>
Jennifer Reardon	Nemours Children's Hospital	<i>Outreach Management</i>
Andrea Schelhaas	Nemours Children's Hospital	<i>Genetic Counseling</i>
Caroline Stole	Johns Hopkins University	<i>Research - Genetics</i>
Lisa Tretault	Johns Hopkins All Children's	<i>Nursing Coordination</i>
Rachel Volesky	Colorado Children's Hospital	<i>Administration</i>
Kris Wade	Johns Hopkins University	<i>Research - Genetics</i>
Catherine Wells	Shriner's Hospital for Children	<i>Case Management</i>





Children's Hospital Colorado  
*Here, it's different.™*

# Building a Community of Care for Your Family

At Children's Hospital Colorado, we are experts in the kind of care that puts kids first. We have a team of experts dedicated to caring for kids with dwarfism and skeletal dysplasia, you can trust us to offer skilled and experienced care for you and your family. Our skeletal dysplasia program offers comprehensive, coordinated, multidisciplinary care for patients of all ages where you will see all our specialist in one visit.

## Areas of Expertise

- Orthopedics
- Genetics
- Nurse Coordinator
- Pediatric Special Care
- Genetic Counseling
- Social Work
- Rehabilitation Medicine
- Physical Therapy
- Endocrinology

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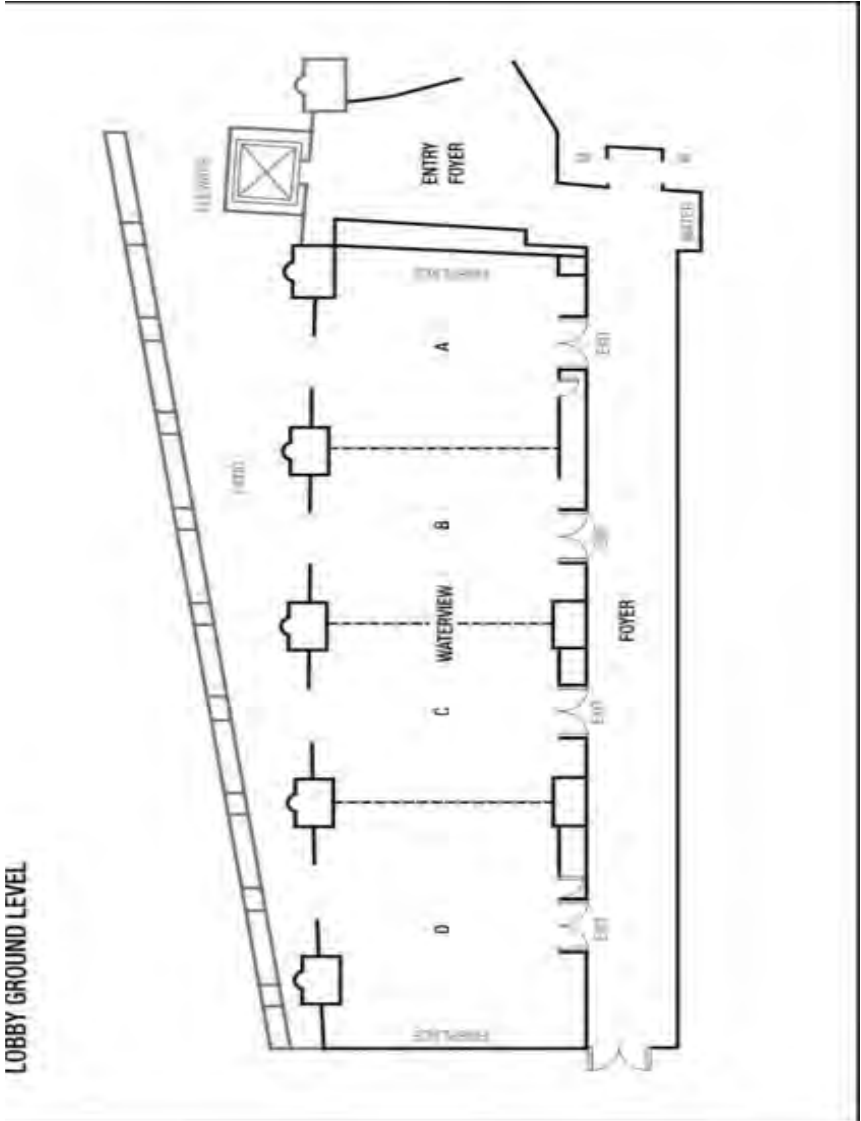
Learn more at  
[childrenscolorado.org](https://www.childrenscolorado.org)



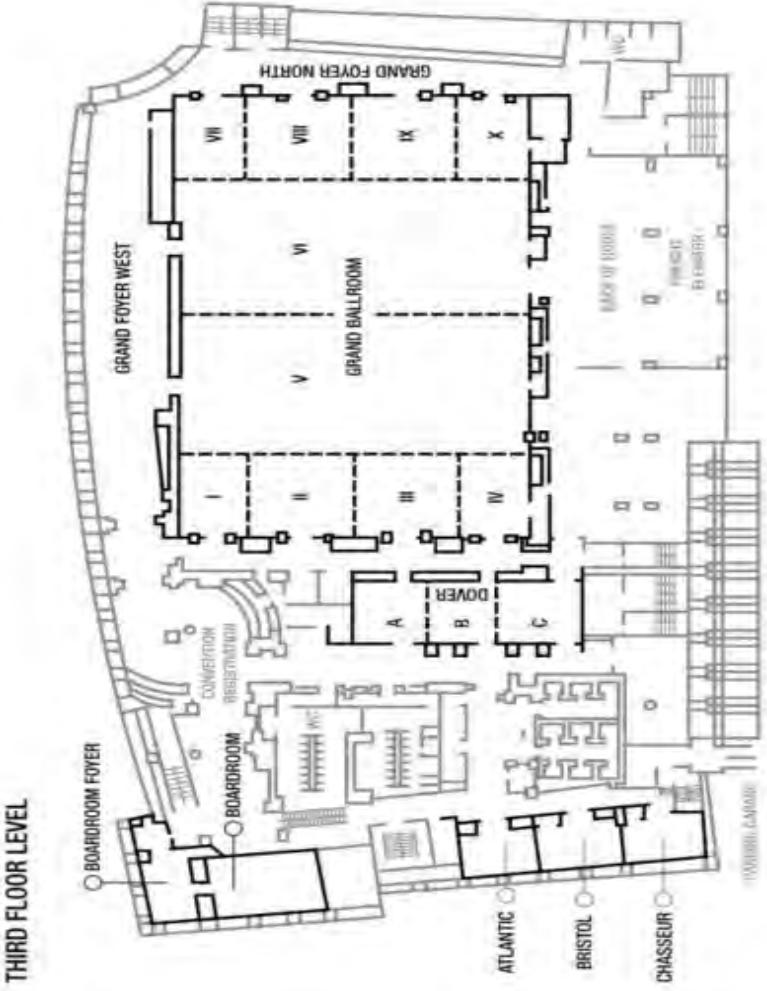


## Meeting Space

### First Floor



Third Floor

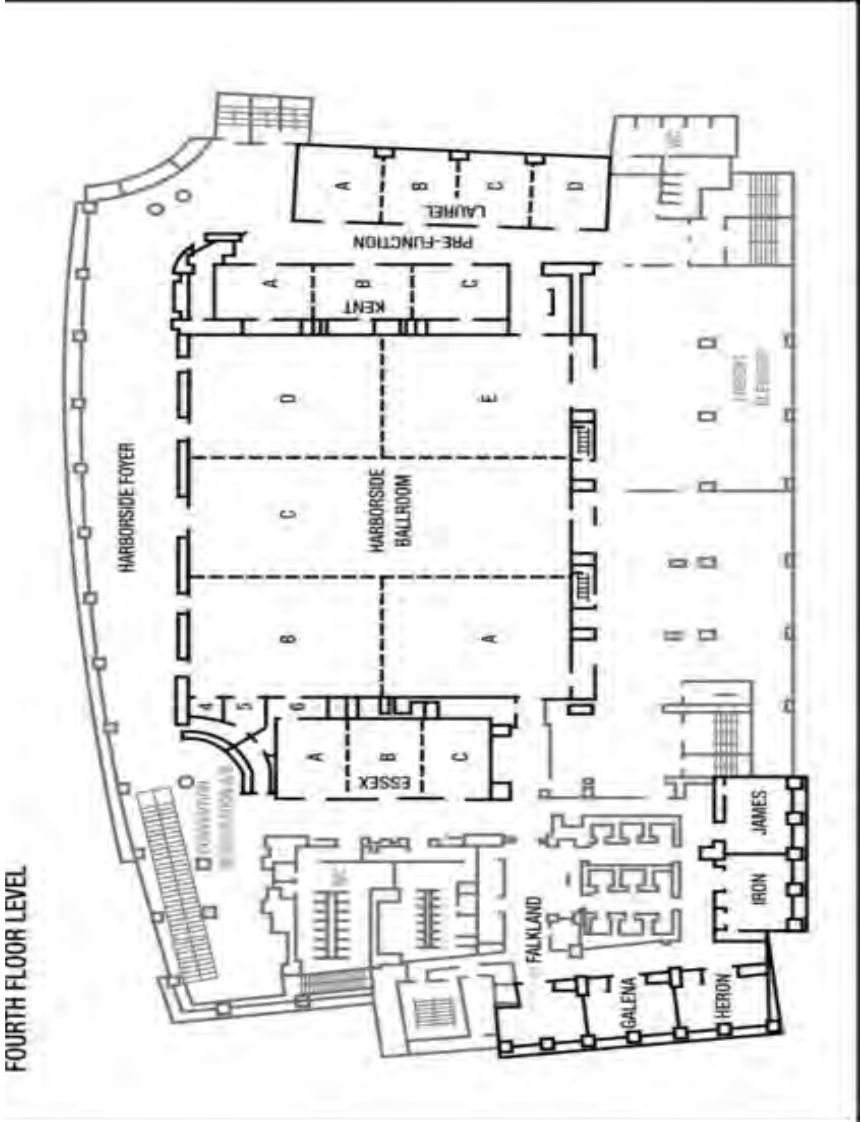


THIRD FLOOR LEVEL



## Meeting Space

### Fourth Floor



## *LPA National Conference Policies*

### **Non-Discrimination**

LPA does not discriminate on the basis of race, color, religion, sex, sexual orientation, age, national origin, and diagnosis or disability status in its programs and activities, with respect to admission, access, treatment, benefit and/or employment. LPA also does not condone any form of harassment.

### **Smoking**

Please respect your fellow LPA members with health conditions. The Baltimore Waterfront Marriott is smoke-free. Designated smoking areas are located outside the building.

### **Prohibited Conduct**

LPA members and other attendees of LPA functions may be disciplined for grievous behavior during or related to an LPA function, including the national conference by eviction, membership probation, revocation of membership, and/or other actions deemed reasonable. Any official action by LPA does not preclude legal recourse by the hotel or outside entity. Prohibited behavior includes, but is not limited to, illegal use of alcohol and/or drugs, sexual harassment, destruction of hotel or private property and harassment.

### **Sexual Harassment**

Little People of America is committed to providing a safe environment for all its members free from any harassment including sexual harassment. Little People of America will operate a zero tolerance policy for any form of sexual harassment at the National Conference, treat all reports seriously and promptly investigate all allegations of sexual harassment. Any person found to have sexually harassed another will face disciplinary action, up to and including removal from the conference and membership suspension.

Sexual harassment is defined as any unwelcome or unwanted sexual advance, request for sexual favors, or other verbal or physical conduct of a sexual nature from someone in the LPA community that creates discomfort and/or interferes with the Conference attendance.

Complaints of sexual harassment will be taken seriously and treated with respect and in confidence. Reports of sexual harassment should be brought to an LPA Board member or hotel security.

### **Alcohol Use Under the Age of 18**

The legal drinking age in Maryland is 21 years old. If it is determined by hotel security, police, or an LPA officer that an individual under the age of 18 is under the influence of alcohol at an LPA National Conference, then that individual may not be allowed to attend a LPA National Conference without at least one parent or their legal guardian in attendance until age 18. They will not be allowed to designate a Conference Guardian. Parents will be contacted immediately regarding



the individual's alcohol consumption and resulting behavior. If parents are in attendance at the National Conference, then the underage individual shall be prohibited from attending the next National Conference. If the person has a second infraction, with or without their parents present before they are 18 years of age, then they will not be allowed to attend LPA National Conference until they are 21.

### **Alcohol Use Between Ages 18 and 21 – Zero Tolerance**

Individuals between the ages of 18 and 21 (or the legal drinking age where the Conference is being held) who are determined by hotel security, police, or an LPA official to be under the influence of alcohol at an LPA National Conference event shall not be allowed to attend another LPA Conference until age 21 and they may be removed from the current Conference site. Additionally, LPA will consult with hotel security and/or local law enforcement agencies on reporting the underage consumption of alcohol or marijuana use.

### **Providing Alcohol to Minors**

Little People of America, its officers and Conference Committee, will not tolerate anyone of any age providing or purchasing alcohol for minors. This includes the purchase of alcohol in bars or clubs, cash bars or providing of alcohol at individual parties in private hotel rooms. If an individual is found to be in violation:

1. They will be reported to the hotel security and local law enforcement officials for the legal action of the host Conference site.
2. They will be removed from the current LPA Conference.
3. They may not be allowed to attend the next two LPA Conferences.

A committee consisting of not less than the following individuals: the LPA Executive Officers, the current National Conference Chair, and their current or past District Director and/or Chapter President will determine their attendance at National Conferences thereafter. They may also lose their membership to LPA for an undetermined length of time.

### **Disruptive Behavior**

If a person of any age participates in the destruction or damage of any public or private property, disorderly conduct, verbal or physical fighting, harassment or abuse of individuals while at an LPA National Conference, that person will be subjected to disciplinary action by the local civil authorities and/or LPA Executive Committee and/or Board of Directors.



## Also Note

For all onsite and offsite events that require participants to be over 21, registrations will be checked against LPA records. You may need to provide identification.

## LPA is Harassment Free

LPA is a Harassment Free Place. At LPA we do not tolerate any discrimination, harassment or bigotry towards people based on race, color, religion, sex, sexual orientation, age, national origin, diagnosis, or disability status. Please abide by our Code of Conduct, that you signed at registration. If you have experienced harassment or discrimination at LPA, please find a Board Member or go to the LPA Concierge Desk and ask for support.

### ASSISTING LITTLE PEOPLE ErgoChair for Little People



For over 25 years, the ErgoChair for Little People has provided superior ergonomic support for short-statured people. The contoured seat and curved back provide the ergonomic support and comfort required for proper circulation and reducing the strain on the legs and back.

The backrest supports your spine while at the same time allowing your knees to bend at the edge of the seat. You can also adjust the height of the chair to raise up to a standard height desk or lowered to a reduced height desk. Whatever height you choose, your feet are supported by a customized adjustable footrest.

"The Ergo Chair has been a life saver for me at work. The chair allows my legs to reach a proper sitting position so that my feet do not dangle and fall asleep like normal working chairs that my job has offered me. I give it a 5 STAR review!" - - Jessica Morgenthal

"By far the best lumbar support chair with leg support I have used. The only chair in the market designed for Little People." - - Lissette F.

For information on individual, corporate orders, configuration, color, fabric, visit us at [www.assistinglittlepeople.com](http://www.assistinglittlepeople.com) or contact Jim Lannom at 954-871-0119 or email at [sales@assistinglittlepeople.com](mailto:sales@assistinglittlepeople.com)



## LPA National Conference Information

### Conference Name Badge

Official LPA Conference name badges are required of all attendees at all times. Name badges **MUST** be worn at all events, and will have your photo on them. Failure to wear the name badge may result in the conference committee denying you admission to conference events. The committee reserves the right to ask individuals to show their legal identification; i.e. state licenses, ID, or Passport. Any attempt to falsify, counterfeit, ***use someone else's or share a name badge*** is considered a violation of the attendees signed code of conduct and will result in consequences from the Conference Committee and LPA Executive Committee, including and not limited to loss of the right to attend events or the conference itself.

### LPA Concierge Desk

*3rd Floor Convention Space*

Concierge attendants will be able to answer any questions you may have during the conference. The LPA Concierge Desk will also be selling conference t-shirts and conference related souvenirs.

### Media at the 2024 Conference

All media **MUST** have LPA approved media credentials. These can be obtained through LPA's Director of Public Relations, Jennifer Crumly, at [jennifer.crumly@lpaonline.org](mailto:jennifer.crumly@lpaonline.org). If someone from the media does not have LPA approved credentials, please direct them to LPA Registration (Dover Room, 3rd Floor). Approved media will only be allowed to cover the following conference events:

- General Assembly – Monday, July 1st
- LPA Expo – Tuesday, July 2nd
- LPA Star Spangled Banquet - Thursday, July 4th

### Sale of Goods at Conference

Sales of any goods outside the LPA Expo are strictly prohibited. LPA Conference items are for sale at the LPA Concierge Desk. LPA Event tickets that are for sale may be posted on the designated bulletin board outside of registration. Individuals selling items such as jewelry, souvenirs, or other products, may be required to leave the conference.

## Use of Razor Scooters at the Conference

Razor scooters are a very popular way for LP kids and teens to quickly get from one place to the other. If you or your child has brought a scooter to the conference, please ride slowly indoors and be mindful of others. The hotel has graciously allowed LPA attendees to use scooters for mobility purposes only, not for play. Please be respectful of the hotel's policies, or LPA attendees risk the use of these scooters at the Waterfront Marriott, as well as all future LPA Conference hotels. Thank you for your help and consideration in making the hotel a safe place for everyone.

## Lost Items? Have Tickets to Sell?

Lost items may be turned into LPA Registration, DAAA Registration, or hotel security. Please give time for items to be turned in or check back periodically.

LPA Event Tickets that individuals wish to sell may be posted outside registration. LPA Conference registration does not refund any individual purchased event tickets onsite. All sales are between individuals, and LPA does not take any responsibility for the sales.

## LPA Registration Room Hours

*Dover Room, 3rd Floor*

<i>Friday, June 28th</i>	<i>3:00pm - 9:30pm</i>
<i>Saturday, June 29th</i>	<i>8:00am - 11:30am; 1:30pm - 9:30pm</i>
<i>Sunday, June 30th</i>	<i>8:00am - 11:30am; 1:30pm - 6:00pm</i>
<i>Monday, July 1st</i>	<i>8:00am - 1:00pm</i>
<i>Tuesday, July 2nd</i>	<i>9:00am - 1:00pm</i>
<i>Wednesday, July 3rd</i>	<i>9:00am - 1:00pm</i>

## LPA Concierge Desk Hours

*3rd Floor Convention Space*

<i>Friday, June 28th</i>	<i>5:00pm - 8:00pm</i>
<i>Saturday, June 29th</i>	<i>2:30pm - 8:30pm</i>
<i>Sunday, June 30th</i>	<i>12:00pm - 4:00pm</i>
<i>Monday, July 1st</i>	<i>12:00pm - 4:00pm</i>
<i>Tuesday, July 2nd</i>	<i>1:00pm - 4:00pm</i>
<i>Wednesday, July 3rd</i>	<i>11:00am - 2:00pm</i>

## Group Photo



The Group Photo will be taken immediately before Talent Show, on the 3rd floor Foyer. Be sure to join us with your friends, and show your smile in the historic record of the Baltimore Conference!

### **Banquet Photos**

A step and repeat backdrop will be onsite Thursday, July 4th, for super cool memorable photos prior to the banquet.

### **Conference Veterans**

Please be on the lookout for brightly-colored "First Timer" ribbons attached to name badges and make our first-time conference attendees feel welcome. Please introduce yourself and engage them in conference activities.

### **Bus Loading & Unloading**

All buses load on the side of the building between the hotel and the parking garage. You are strongly encouraged to come 10-15 minutes early to assist with easy access loading for all off-site events and activities.

### **Photo Release and Conference Rules**

By attending the LPA conference you hereby agree to follow the rules set forth in the General Conference Information and LPA Policies sections of this booklet and hereby give your permission to Little People of America and their designated agents to take and use any photograph, a video-tape of you or your voice for publication or reproduction in any advertisement, public relations or fund raising efforts of the association, its programs or agents.

### **Baltimore Waterfront Marriott WiFi Policy**

The Baltimore Waterfront hotel provides complimentary internet access to hotel guests in the lobby area and individual guestrooms.

# Remarkable bone dysplasia care



We offer comprehensive, state-of-the-art diagnostic services and care coordination for patients who have bone growth and bone structure conditions.

Services include specialty care for kids and adults as well as consultative and referral services to other health care providers. Our team has experts in:

- Audiology
- ENT
- Genetics
- Neurosurgery
- Ophthalmology
- Orthopedics and rehabilitation
- Pulmonology
- Sleep medicine

Our team sees patients in Madison, Wisconsin. Learn more about them at [uwhealth.org/bd](http://uwhealth.org/bd).





## Getting Around Baltimore

Baltimore's public transportation system is overseen by the Maryland Department of Transportation (MDOT). We do not recommend riding the typical bus system unless you are familiar with the city. However, there is a free bus called the Charm City Circulator that is available with four different routes. The Baltimore Waterfront is closest to the **Orange** route, and the bus stop is located about two blocks east on Fleet Street and Exeter Street. For more information and maps, check out the Baltimore transit website: <https://transportation.baltimorecity.gov/transit-services/maps-and-schedules>

### Accessible Transportation

While some Uber and Lyft services are accessible, attendees may prefer to reserve an accessible van ahead of time:

Accessible Transport LLC

<https://accessible-transport.com/>

Phone: 410-852-8886

Relaxation Transportation

[www.towsonwheelchairtransport.com](http://www.towsonwheelchairtransport.com)

Phone: 410-963-5735

Freedom Car

<https://freedomcar.net/>

Phone: 410-321-5600

MTS Transportation

<https://mtstransportationinc.com/>

Phone: 1-866-644-2195

Boss Transportation

<https://www.bosstransport.org>

Phone: 703-420-3038

### Driving and Parking Information

The Baltimore Marriott Waterfront is located on Aliceanna Street, and parking for our members is offered at \$25 per day without in/out privileges in an off-site lot with a connecting bridge to the hotel. The parking garage does not accommodate oversized vehicles, height clearance 6 feet 8 inches. There is also valet parking available at \$49 per day for standard vehicles, and \$59 per day for SUVs.

### Rail Information

The Baltimore Marriott Waterfront is two miles from Baltimore Penn Station which is served by Amtrak. Station address: 1500 N Charles St, Baltimore, <https://baltimorepennstation.com/>

# Baltimore Charm City Circulator



### CHARM CITY CIRCULATOR OPERATING HOURS:

Monday through Tuesday: 7:00 a.m. – 8:00 p.m., Friday 7:00 a.m. – midnight,  
 Saturday 9:00 a.m. – midnight, Sunday 9:00 a.m. – 8:00 p.m.

#### GREEN ROUTE - City Hall - Fall's Point - Johns Hopkins

101 Luffed Avenue (BS)	106 Freddie St - Reginald F	118 Clay St (BS)	121 Flat St (BS)
102 Johns Hopkins (B) (MS)	107 James Museum (MS)	119 Harbor Place 18 (BS)	122 Lombard St (BS)
103 Rogers St (BS) (MS)	108 Harbor Place 18 (MS)	120 Lombard St (BS)	123 Popple St (MS) (BS)
104 Clough St (MS)	110 Clay St (MS)	117 Little Italy (BS)	124 Johns Hopkins 14B (BS)
105 Broadway Market (BS)	111 High St (MS)	118 Victor Court (BS)	125 Madison St (BS)
106 Maritime Park (MS)	112 Solway (BS)	119 Maritime Park (BS)	
107 Pier St (MS)	113 Swainsage St (BS)	120 Caroline St (BS)	

#### ORANGE ROUTE - Hollins Market - Harbor East

101 Freddie St - Reginald F	109 James Museum (MS)	115 Flat St (BS)	122 National Avenue (BS)
102 Commerce St (MS)	110 LHO BayPark Garage (MS)	116 Baltimore St & Greene St -	124 Columbia Center (BS)
103 Light St (MS)	111 Harbor Market (MS)	117 UMBAC (BS)	125 Life Hwy (BS)
104 Harbor St (MS)	112 Mt. Cleve St. & O'Fallon	118 Federal St (BS)	126 Harbor East (BS)
105 Howard St (MS)	113 Harbor (MS)	119 Eastern St - Clunder York (BS)	127 Park St (MS)
106 Museum of Discovery (MS)	114 Baltimore St (BS)	120 Commencement Center (BS)	128 Jewish Museum
107 Pier St (MS)	115 Lombard Avenue	121 Pier St (BS)	129 Mt. Vernon
108 Mt. St. (MS)	116 LHO BayPark (BS)	122 Inner Harbor (BS)	130 Baltimore Square (MS)

#### PURPLE ROUTE - Federal Hill - 33rd St.

101 Baltimore Water Center (MS)	105 22nd St. (MS)	121 Penn Station (BS)	134 Chapel Avenue (BS)
102 Inner Harbor (MS)	106 27A St. (MS)	122 Preston St (BS)	135 Fort Avenue (BS)
103 Federal Hill (MS)	107 27B St. (MS)	123 Popple St (BS)	136 Harbor St (BS)
104 Charles St. & Fayette St. (MS)	108 Ft. St. - Baltimore	124 Matthews St (BS)	137 Pennants St (BS)
105 Fremont St (MS)	109 Museum of Art (MS)	125 Curtis St (BS)	138 Key Highway - Intermodal
106 Harbor St. (MS)	110 23rd St. - Mallory Union	126 Mulberry St (BS)	139 Science Center (MS)
107 Washington Monument (MS)	111 International Hospital (BS)	127 Saratoga St (BS)	
108 Clough St (MS)	112 27th St. (MS)	128 St. Paul & Bayview St (BS)	
109 Balboa St. (MS)	113 28th St. (BS)	129 Port St. - Inner Harbor (BS)	
110 Penn Station (MS)	114 29th St. (BS)	130 Jan St. (BS)	
111 North Avenue Station	115 North Avenue Station	131 Montgomery St (BS)	
112 North Ave Station (MS)	116 North Ave Station (BS)	132 Cross St. Harbor (BS)	

#### BANNER ROUTE - Inner Harbor - Fort McHenry

403 Light St. & Swan St. (BS)	406 Light St. (BS)	413 Towson St. (MS)	417 Prindle Drive (MS)
404 Federal Hill Park - Maryland	407 Fort Avenue (BS)	414 Woodall St. (MS)	418 East Falls (MS)
405 Science Center (BS)	408 Whitestone Way (BS)	415 Commerce St. (MS)	419 Chelmsford (MS)
406 American History	409 Duquesne St. (BS)	416 Baltimore Museum	420 Park St. (BS)
407 Air Museum (BS)	410 Annapolis St. (BS)	417 of Industry (MS)	
408 Jackson St. (BS)	411 Fort McHenry (BS)	418 Harpers Drive (MS)	

**LEGEND**

- Banner Route/Stop
- Green Route/Stop
- Orange Route/Stop
- Purple Route/Stop
- Hospital
- Parking
- Accommodations
- Harbor Connector
- Light Rail
- Water Subway
- MARC Train
- Visitor Center







## LPA Conference Schedule of Events

FRIDAY – JUNE 28		
TIME	FUNCTION	LOCATION
3:00pm - 9:30pm	LPA Registration	Dover ABC
3:30pm - 4:30pm	CITM Meet and Greet	Harborside A and B
4:00pm - 8:00pm	DAAA Check-In	4th floor Convention Space
5:00pm - 8:00pm	LPA Concierge	3rd floor Convention Space
7:00pm - 8:00pm	Volunteer Training and Sign up	Atlantic
9:00pm - 1:00am	Dance	Grand Ballroom V & VI

SATURDAY – JUNE 29		
TIME	FUNCTION	LOCATION
6:00am - 9:00am	DAAA Check-In	4th fl convention space
8:00am - 11:30am	LPA Registration	Dover ABC
8:00am - 5:00pm	LPA Board of Directors Meeting	Board Room, 3rd Floor
8:00am - 5:00pm	DAAA Soccer	Soccer Dome 1
9:00am - 10:00am	Volunteer Training and sign up	Atlantic
10:00am - 11:00am	Young Adults: Coffee Break	Meet in Lobby
10:00am - 11:30pm	CITM Icebreaker Games	Harborside A and B
12:00pm - 1:30pm	OWLS Meet Up For Lunch	Meet in Lobby



SATURDAY – JUNE 29 <i>(continued)</i>		
TIME	FUNCTION	LOCATION
12:00pm - 1:30pm	OWLS Meet Up For Lunch	Meet in Lobby
12:00pm - 3:30pm	Off Site: Baltimore City Tour	Meet in Lobby
1:00pm - 3:00pm	Baseball Ticket Pick Up	3rd fl convention space
1:30pm - 9:30pm	LPA Registration	Dover ABC
2:00pm - 3:00pm	Teens - Get to Know You Meet and Greet	Grand Ballroom VII & VIII
2:30pm - 8:30pm	LPA Concierge <i>(pick up baseball tickets here)</i>	3rd fl convention space
3:00pm - 4:00pm	Teens - Capture the Flag	Grand Ballroom VII & VIII
3:00pm - 6:00pm	DAAA Registration	4th fl convention space
4:00pm - 5:00pm	Parents & Family Reception	Laurel ABCD
4:00pm - 5:00pm	International Reception	Grand Ballroom Salon II
4:30pm - 5:30pm	CHH Meet & Greet	Grand I
4:30pm - 5:30pm	OI Meet & Greet	Atlantic
4:30pm - 5:30pm	Adoption Reception	Waterview Ballroom
5:15pm - 6:15pm	Spanish Speaking Reception	Grand Ballroom Salon III
5:00pm - 5:30pm	Children's Room Open House	Harborside D & E



## LPA Conference Schedule of Events

SATURDAY – JUNE 29 <i>(continued)</i>		
TIME	FUNCTION	LOCATION
5:00pm - 6:00pm	Pseudo Meet & Greet	Grand IV
5:00pm - 7:00pm	Lee Kitchens Corner: Live Entertainment	Grand Foyer NW
5:00pm - 10:00pm	<i>Offsite: Baseball Game: Orioles v. Texas Rangers (early birds 15 and older get an Orioles shirt!)</i>	Meet in Lobby
7:00pm - 8:00pm	Volunteer Training and Sign up	Atlantic
8:00pm - 9:30pm	Rainbow Social	Grand III
9:00pm - 1:00am	Dance	Grand Ballroom V & VI
10:00pm - 11:00pm	<i>Offsite: Baseball Walking Tour Immediately after the game</i>	Meet in Camden Yards, between gates F & G.

SUNDAY – JUNE 30		
TIME	FUNCTION	LOCATION
6:00am - 9:00am	DAAA Check-In	4th fl convention space
8:00am - 11:30am	LPA Registration	Dover ABC
8:00am- 12:00pm	Children's Room	Harborside Salons D & E
8:30am - 10:00am	Parents Meeting	Grand Ballroom II
9:00am - 10:00am	District 11 Meet Up	Atlantic
9:30am - 10:30am	OWLS Coffee Chat	Hotel Restaurant
10:00am - 11:00am	AH Youth Activity: Meet & Greet	Falkland
10:00am - 11:30am	Reuniones de Padres	Grand Ballroom VII
10:30am - 5:00pm	BOD Meetings	Boardroom 3rd Floor
<b>10:45am-12:00pm</b>	<b>MAB Workshops: Session I</b>	
	Achondroplasia & Hypochondroplasia	Harborside C
	Adult LPs - Growing Older and Wiser with a Skeletal Dysplasia	Laurel A & B
	Endocrine issues	Heron
	Everything Genetic about Skeletal Dysplasias	Essex ABC
	Hearing Loss and Ear Issues	Laurel C & D



## SUNDAY – JUNE 30

TIME	FUNCTION	LOCATION
<b>10:45am - 12:00pm</b>	<b>MAB Workshops: Session I</b> <i>(continued)</i>	
	Insurance Issues: Navigating the System	James
	Menopause: Before and After Hot Flashes!	Galena
	Pain Management	Grand Ballroom I
	SED, SEMD and Kniest	Grand Ballroom II
	What to Know About Anesthesia and Skeletal Dysplasias	Grand Ballroom III & IV
11:00am - 1:00pm	OWLS: Photo Scavenger Hunt	Meet in Iron
11:00am - 1:00pm	AH Youth: Photo Scavenger Hunt	Meet in Falkland
12:00pm - 4:00pm	DAAA Powerlifting	Coppin State University
12:00pm - 4:00pm	LPA Concierge	3rd fl convention space
12:00pm - 9:00pm	LPA Product & Career Platinum Expo	Grand Foyer, 3rd Floor
1:00pm - 4:00pm	Children's Room	Harborside Salons D & E
12:15pm - 4:30pm	<i>Offsite: CITM Maryland Science Center</i>	Meet in CITM Room, Harbor A & D
1:00pm - 3:00pm	<i>Young Adults: Offsite Angeli's Pizzeria</i>	Meet in Lobby
1:00pm - 3:30pm	<i>Teens: Offsite Top of the World</i>	Meet in Lobby
1:00pm - 4:00pm	Children's Room	Harborside D & E

<b>SUNDAY – JUNE 30</b> <i>(continued)</i>		
<i>TIME</i>	<i>FUNCTION</i>	<i>LOCATION</i>
<b>1:00pm - 2:15pm</b>	<b>MAB Workshops: Session II</b>	
	Better Nutrition & Exercise, Better Life	Laurel C & D
	Insurance Issues: Navigating the System	James
	Just the Facts, Ma'am (/Sir): The Latest Information on Controversial Topics of ELL, Drug Trials, and Voxzogo	Harbor C
	Limb Alignment Issues	Laurel A & B
	Neurosurgical Issues of the Head/Neck/Spine	Grand Ballroom III & IV
	Osteoarthritis, Joint Replacements	Grand II
	Parental Discussion of Medical Info Pediatric Patients and Siblings	Grand I
	Physical Therapy Concerns for Infants through Middle Schoolers	Essex ABC
	Reproductive Issues	Iron
	Respiratory Issues and Sleep Apnea	James
<b>1:30pm - 6:00pm</b>	LPA Registration	Dover ABC



## SUNDAY – JUNE 30 *(continued)*

<i>TIME</i>	<i>FUNCTION</i>	<i>LOCATION</i>
<b>2:30pm - 3:45pm</b>	<b>MAB Workshops: Session III</b>	
	Achondroplasia and Hypochondroplasia	Harborside C
	Adult Cervical and Spinal Stenosis	Kent B & C
	Better Nutrition Exercise, Better Life	Laurel C & D
	Research Results To Use In Everyday Life	Grand I
	Pain Management	Laurel A & B
	Pediatric Foramen Magnum Stenosis, Spinal Stenosis, and Hydrocephalus	Grand III & IV
	Physical Therapy Concerns for High School Years through Adulthood	Essex ABC
	Pseudoachondroplasia, MED, CHH, EVC & Related Conditions	Grand II
4:00pm - 6:00pm	MAB Reception <i>(By Invitation only)</i>	Waterview ABCD
4:00pm - 6:00pm	MOPD Meet & Greet	Grand I
4:30pm - 5:30pm	OWLS Reception	Raven
5:00pm - 7:00pm	Lee Kitchens Corner: Live Entertainment	Grand Foyer NW

SUNDAY – JUNE 30 <i>(continued)</i>		
TIME	FUNCTION	LOCATION
6:30pm - 9:30pm	<i>OffSite : Aquabash! LPA's Opening Celebration at the National Aquarium</i>	Meet in Lobby
7:00pm - 9:00pm	YA: Cornhole and Pizza	Harborside A & B
9:00pm - 11:00pm	Bingo	Harborside C
9:00pm - 1:00am	Dance	Grand Ballroom V & VI
10:00pm - 1:00am	Barty Lounge - Barty at the Beach	Waterview ABCD



## MONDAY – JULY 1

TIME	FUNCTION	LOCATION
7:15am - 8:00am	OWLS - Walk with Carole	Meet in Lobby
8:00am - 1:00pm	LPA Registration	Dover ABC
8:00am - 5:00pm	DAAA Basketball	Coppin State University
8:00am - 12:00pm	Children's Room	Harborside D and E
8:30am - 9:30am	Parent Meeting	Grand II
8:30am - 5:00pm	MAB Medical Meetings	7th Floor, Check In
10:00am - 11:30am	Atención Médica en la Comunidad de Displasia Esquelética	Grand I
10:00am - 11:30am	General Assembly	Grand Ballroom V & VI
10:00am - 1:00pm	CITM and Teens Laser Tag	Harborside A and B
10:30am - 5:00pm	<i>Offsite: Discover Annapolis</i>	Meet in Lobby
12:00pm - 1:30pm	OWLS - Meet for Lunch	Hotel Restaurant
12:00pm - 4:00pm	LPA Concierge	3rd floor Convention space
<b>1:00pm - 1:45pm</b>	<b>General Workshops: Session I</b>	
	Dwarfism in Media, Marketing and TV	Galena
	H.E.L.P Health & Exercise for LPs - Discussion	Essex AB
	Loving an Addict	Heron
	LPs in Pop Culture	James
	Promoting Diversity and Inclusion in the Fashion Industry	Essex C



<b>MONDAY – JULY 1</b> <i>(continued)</i>		
<i>TIME</i>	<i>FUNCTION</i>	<i>LOCATION</i>
1:00pm - 2:45pm	Chapter Officer Meeting	Grand I
1:00pm - 4:00pm	Children's Room	Harborside D & E
1:00pm-5:00pm	Offsite: Young Adults HarborEast Cinema	Meet in Lobby
1:30pm - 3:00pm	AH Youth: Painting and Pondering	Harborside C
<b>2:00pm - 2:45pm Workshops: Session II</b>		
	Difference within Difference	Laurel A
	Empower and Elevate: Harnessing Your Hidden Strengths	Essex C
	Grief and Loss of Child or Pregnancy	Heron
	H.E.L.P Health & Exercise for LPs - Workout	Essex AB
	MOPD Genetics and Orthopedic Updates	Grand IV
<b>3:00pm - 3:45pm Workshops: Session III</b>		
	3 M's for Better Health (Mindset, Movement, and Meals)	Essex C
	Health & Wellness for LPs	Heron
	Heighten your Sensuality and Intimacy	Laurel A
	Men and Mental Health Discussion Group	Grand I
3:00pm - 4:00pm	DAC Mixer	Raven



## MONDAY – JULY 1 *(continued)*

<i>TIME</i>	<i>FUNCTION</i>	<i>LOCATION</i>
3:00pm - 4:00pm	Fashion Show Rehearsal	Grand Ballroom V & VI
5:00pm - 6:30pm	Acromesomelic Meet & Greet	Iron
5:00pm - 6:30pm	DAC Visual Art Display	Grand Foyer 3rd Floor
5:00pm - 6:30pm	Diastrophic Meet & Greet	Essex AB
5:00pm - 6:30pm	Donor Reception <i>(By Invitation Only)</i>	Waterview
5:00pm - 6:30pm	Morquio Meet & Greet	Essex C
5:00pm - 6:30pm	SED / Kniest Meet & Greet	James
5:00pm - 7:00pm	Lee Kitchens Corner: Live Entertainment	Grand Foyer NW
5:00pm - 7:00pm	OWLS: Marshmallow Challenge	Raven
6:00pm - 9:00pm	LPA Product & Career Expo	Grand Foyer 3rd Floor
7:00pm - 8:30pm	LPA Fashion Show: Celebrating our Community	Grand Ballroom V & VI
9:00pm - 10:00pm	Scholarship Recipient Dessert Social	Atlantic
9:00pm - 11:00pm	Bingo	Harborside Salon C
9:00pm - 1:00am	Dance	Grand Ballroom V & VI
10:00pm - 1:00am	Barty Lounge - Karaoke, 70's and 80's	Waterview

TUESDAY – JULY 2		
TIME	FUNCTION	LOCATION
7:15am - 8:00am	OWLS - Walk with Carole	Meet in Lobby
8:00am - 12:00pm	DAAA Swimming	Coppin State University
8:00am - 12:00pm	Children's Room	Harborside D & E
8:30am - 5:00pm	MAB Medical Meetings	7th Floor, Check In
8:30am - 10:30am	BioTech Discussion for Average Height Members	Grand Ballroom II
8:30am - 10:30am	Psychological Effects of Pharmaceutical Technologies on the Community (LP Only)	Grand Ballroom VIII
9:00am - 1:00pm	LPA Registration	Dover ABC
9:30am - 11:00am	Potentials Foundation (MOPD): Family Discussion	Grand IV
9:30am - 10:30am	OWLS - Coffee Chat	Hotel Restaurant
10:00am - 11:00am	DAC Visits the Kids Room	Harborside D & E
10:00am - 11:30am	Displasias Esqueléticas, Manejo y Tratamientos	Grand Ballroom VII
10:00am - 4:30pm	<i>Offsite: Discover DC</i>	Meet in Lobby
10:00am - 12:00pm	CITM: Group Games, Gaga Ball, Activities	Harborside A & B
10:30am - 11:30am	AH Youth Workshop with Games, ages 13 +	Falkland
11:30am 2:00pm	<i>Offsite: Teens Pierce's Park</i>	Meet in Lobby
12:00pm - 9:00pm	LPA Product & Career Platinum Expo	Grand Foyer, 3rd Floor
1:00pm - 4:00pm	Children's Room	Harborside D & E
1:00pm - 4:00pm	LPA Concierge	3rd floor Convention space



## TUESDAY – JULY 2 *(continued)*

<i>TIME</i>	<i>FUNCTION</i>	<i>LOCATION</i>
<b>1:00pm - 1:45pm Workshops: Session IV</b>		
	Green Flags & Healthy Relationships	Laurel A
	Know Your Rights: Equal Opportunity and Non-Discrimination at Work, School, and Public Life	Grand III & IV
	Let's Talk About Travel	Heron
	LP Moms	Galena
	Walking Tall: Heightening Confidence and Stepping into Your Greatness	Essex C
<b>2:00pm - 2:45pm Workshops: Session V</b>		
	Do You Go To The Doctor?	Grand III & IV
	Health Care Transition to Young Adults	Laurel A
	The Inclusion Workshop: What Does It All Mean?	Grand I
	Navigating Distant Life-Changing Medical Care for Children	Essex C
	Sewing Made Simple	Essex A & B
2:00pm - 6:00pm	DAAA Volleyball	Coppin State University
<b>3:00pm - 3:45pm Workshops: Session VI</b>		
	Empowering Education: Understanding IEP and 504	Grand III & IV
	Independent Living 101	Laurel A
4:00pm - 5:30pm	OWLS: Through the Years Trivia	Raven
4:00pm - 5:00pm	LPA Talent Show Rehearsal	Grand Ballroom V & VI
5:00pm - 6:30pm	Grandparents Meet & Greet	Essex C
5:00pm - 6:00pm	Districts Meet & Greet	Grand Ballroom I-IV
5:00pm - 7:00pm	Lee Kitchens Corner: Live Entertainment	Grand Foyer NW

TUESDAY – JULY 2 (continued)		
TIME	FUNCTION	LOCATION
6:00pm - 7:00pm	LPA Group Photo	Grand Ballroom Foyer
6:00pm - 9:00pm	LPA Product & Career Expo	Grand Foyer 3rd Floor
6:00pm - 9:00pm	DAC Visual Art Display	Grand Foyer 3rd Floor
7:00pm - 8:30pm	LPA Talent Show: Hairspray!	Grand Ballroom V & VI
6:45pm - 10:00pm	Offsite: Young Adults Mustang Alley's Bowling (21 and up)	Meet in Lobby
8:00pm - 11:00pm	Baile Latino (Latin Dance Night) Music	Raven
9:00pm - 11:00pm	Bingo	Harborside C
9:00pm - 1:00am	Dance	Grand Ballroom V & VI
10:00pm - 1:00am	Barty Lounge - Little Big Band	Waterview

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## WEDNESDAY – JULY 3

<i>TIME</i>	<i>FUNCTION</i>	<i>LOCATION</i>
7:15am - 8:00am	OWLS - Walk with Carole	Meet in Lobby
8:00am - 11:00am	DAAA Track	Coppin State University
8:30am - 1:00pm	Children's Room	Harborside Salons D & E
8:30am - 12:00pm	MAB Medical Meetings	7th Floor, Check In
9:00am - 10:00am	Kids Genetics & Understanding Difference Workshop	Harborside Salons D & E
9:00am - 10:00am	Parents Meeting	Grand Ballroom II
9:00am - 12:00pm	DAAA Rowing	Middle Branch Fitness
9:00am - 1:00pm	LPA Registration	Dover ABC
10:00am - 11:30am	Diversidad e Inclusión	Grand Ballroom VII
10:00am - 11:00am	AH Youth Workshop, 8 - 12 years	Falkland
<b>10:15am - 11:00am</b>	<b>General Workshops: Session VIII</b>	
	College Bound and Beyond - What To Expect In College Years & Careers	Essex C
	Potentials Foundation Family Meeting	Grand IV
	Toddlers: 3 & Under Meet Up	Essex AB
	Diagnosis Day - Introduction to the New World of Skeletal Dysplasia & Discussion on Tactful Communication	Grand Ballroom I & II
11:00am - 2:00pm	LPA Concierge	3rd floor convention Space
11:15am - 12:15pm	AH Youth Workshop, 13 years and up	Falkland
11:30am - 1:00pm	BioTech Session: AH and LP Parents Coming Together	Grand Ballroom VII & VIII

WEDNESDAY – JULY 3 <i>(continued)</i>		
TIME	FUNCTION	LOCATION
12:00pm - 6:00pm	Platinum Expo	Grand Foyer 3rd Floor
1:00pm - 4:00pm	CITM and Teens Laser Tag	Harborside Salons A and B
1:00pm - 6:00pm	Offsite: Baltimore Water Taxi Charter	Meet in Lobby
2:00pm - 6:00pm	DAAA Football	Soccer Dome
3:00pm - 5:00pm	OWLS: Sip and Paint	Harborside C
4:30pm - 6:30pm	DAC Telephone Reception	Waterview
5:00pm - 7:00pm	Lee Kitchens Corner: Live Entertainment	Grand Foyer NW
6:15pm - 7:20pm	Offsite: Baltimore Water Taxi Twilight Cruise	Meet in Lobby
7:00pm - 10:00pm	Young Adults: Trivia and Pizza Night	Room 708
7:15pm - 8:30pm	Offsite: Baltimore Water Taxi Sunset Cruise	Meet in Lobby
8:30pm - 9:45pm	<i>Offsite: Baltimore Water Taxi Evening Cruise</i>	Meet in Lobby
6:00pm - 9:00pm	LPA Product & Career Expo	Grand Foyer 3rd Floor
7:00pm - 8:30pm	The Return of Benjamin Lay Performance	Grand Ballroom V & VI
9:00pm - 1:00am	Dance	Grand Ballroom V & VI
10:00pm - 1:00am	Barty Lounge - Wyatt Becker Band	Waterview



## THURSDAY – JULY 4

<i>TIME</i>	<i>FUNCTION</i>	<i>LOCATION</i>
9:00am - 5:00pm	DAAA Boccia	Harborside D & E
8:00am - 12:00pm	DAAA Rowing	Middle Branch Fitness and Wellness
9:00am - 2:00pm	DAC Visual Art Display	Grand Ballroom Foyer 3rd floor
9:30am - 10:30am	OWLS - Coffee Chat	Hotel Restaurant
10:45am - 12:00pm	Teens: Offsite Charm City Clue Room	Meet in Lobby
12:30pm - 3:30pm	Offsite: Five Iron Golf	Meet in Lobby
1:00pm - 3:00pm	CITM: Group Games and Activities	Harborside A and B
5:00pm - 7:00pm	Lee Kitchens Corner: Live Entertainment	Grand Foyer NW
5:00pm - 6:00pm	LPA Baltimore Cocktail Hour	Grand Ballroom Foyer 3rd Floor
6:00pm - 8:30pm	LPA Children's Banquet: Under the Sea	Grand VIII & IX
6:00pm - 8:00pm	LPA Star Spangled Banquet	Grand Ballroom V & VI
9:00pm - 10:30pm	Fireworks over the Harbor	Waterview Ballroom & Patio
9:00pm - 1:00am	Dance	Grand Ballroom V & VI
10:00pm - 1:00 am	Barty Lounge - Karaoke, 90's - today	Waterview Ballroom



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MSPT**



**LUIS ORTIZ, MD**



**JACQUELINE  
HECHT, PHD**



**MARY ELLEN  
LITTLE, RN**



**JANET BELL, CGC**

*We appreciate our wonderful medical  
community for volunteering their time  
and sharing their expertise with us -  
**THANK YOU!***





**Sunday, June 30th**

### **Parent Meeting: Psychosocial Issues in Children**

8:30am – 10:00am,

Grand Ballroom II

*Presenters: Erin Carter, M.S., C.G.C., Angela Duker, C.G.C., Peggy Modaff, M.S., C.G.C., Ericka Okenfuss, M.S., C.G.C., Amy Patterson, M.S., C.G.C., & Andrea Schelhaas, MS, CGC.*

An open discussion group for parents of LPs, moderated by counseling professionals. Discuss the psychological and social aspects of dwarfism, i.e. talking to family, friends and strangers about your child's difference; dealing with staring, comments, teasing and the social stigma of short stature. Adult LP's welcome to attend and provide a personal perspective on growing up as an LP. Due to the confidential and personal nature of this Parents Meeting, please do not bring children or infants.

### **Medical Workshops**

LPA is pleased to offer a variety of workshops this year . Medical workshops are primarily on Sunday, June 30th since the doctors meet with members on Monday, Tuesday, and Wednesday. General Education workshops will be on Monday, Tuesday, and Wednesday. Individuals are speaking about their personal experiences and their presentations should not constitute medical, legal, or professional advice and are not endorsed by LPA. As attendees, you are expected to be respectful of the content discussed in the workshops and not discuss personal stories or information shared during presentations by other participants. Being respectful of the presenters and arriving on time would be appreciated.

#### **Medical Workshops Session I: 10:45am - 12:00pm**

##### **Achondroplasia and Hypochondroplasia**

*Harborside C, 4th Floor*

*Presenters: K. Lurman; E. Okenfuss; A. Schelhaas; I. Ward; K. White*

This workshop will focus on a variety of diagnosis specific questions regarding medical issues related to both achondroplasia and hypochondroplasia.

## **Adult LPs - Growing Older and Wiser with a Skeletal Dysplasia**

*Laurel A & B, 4th Floor*

*Presenters: M. Groves; M. Kropf; A. Patterson; A. Tuchman*

This workshop will discuss unique issues that the LP population faces as members age, and strategies to deal with the changing body and everything that goes with it. Decisions regarding surgery, pain, as well as overall healthcare will be discussed.

## **Endocrine Issues including Hypoglycemia, Bone Health and Growth in Patients with Skeletal Dysplasias**

*Heron, 4th Floor*

*Presenters: C. Jacobsen; J. Legare*

This workshop will focus on endocrine problems that may occur in some patients with skeletal dysplasias including hypoglycemia, bone health, growth hormone deficiency and others. Presenters will review the features of these endocrine disorders and how to recognize and treat them.

## **Everything Genetic about Skeletal Dysplasias**

*Essex ABC, 4th Floor*

*Presenters: G. Bellus; M. Bober; E. Carter; S. Nikkel*

In this workshop, principles of inheritance and the genetic cause of skeletal dysplasias will be discussed. The presenters will help to answer questions such as “Will the same diagnosis happen again?” It will also provide an update on the genetic understanding of various bone growth conditions and how that knowledge is used to diagnose and treat people.

## **Hearing Loss and Ear Issues**

*Laurel C & D, 4th Floor*

*Presenters: J. Briddell; D. Tunkel*

The workshop will focus on issues specific to hearing loss in LPs, for adults as well as children. The topics covered will include risks of hearing loss within the LP population, how to monitor for hearing issues and management of hearing loss and other inner ear issues.



**Sunday, June 30th**

### **Insurance Issues: Navigating the System**

*James, 4th Floor*

*Presenter: C. Reid*

Dr. Reid will explain some of the basics of health insurance, including Medicare and Medicaid. Areas of discussion will include concepts used in the approval process, what mechanisms are available to address insurers' decisions and some ways members can become educated consumers of the system.

### **Menopause: Before and After Hot Flashes!**

*Galena, 4th Floor*

*Presenters: D. Krakow*

This workshop will discuss medical issues related to LP women's health in the perimenopausal and postmenopausal stages of life. Topics discussed will include osteoporosis, reproduction, sexual health and general self-care as we age.

### **Pain Management**

*Grand I, 3rd Floor*

*Presenters: R. Carroll; C. Ditro; C. Francomano*

This workshop will include the causes of pain for people with short stature, including musculoskeletal, myofascial, and neurogenic (for example, caused by muscle spasm or arthritis, myofascial trigger points and nerve compression). We will discuss how to recognize which type of pain you may be experiencing and various strategies, both pharmacologic and non-pharmacologic, to treat it. We will also suggest health care professionals who are best suited to assisting with pain management.

### **SED, SEMD and Kniest**

*Grand II, 3rd Floor*

*Presenters: A. Duker; C. Gooch; S. Mackenzie; G. Tiller*

Speakers in this workshop will address questions from the audience regarding medical issues related to SED, SEMD and Kniest.



## What to Know About Anesthesia and Skeletal Dysplasias

*Grand III & IV, 3rd Floor*

*Presenters: A. Oommen; M.C. Theroux*

This workshop will discuss what issues should be discussed with your team prior to receiving anesthesia. Whether undergoing a major surgery or a dental procedure, discussions will include what a safe and informed approach is to a very important piece of the surgical process.

## Medical Workshops Session II: 1:00pm – 2:15pm

### Better Nutrition & Exercise Equals A Better Life

*Laurel C & D, 4th Floor*

*Presenter: D. McInerney; C. Jacobsen*

In this workshop, we will discuss making good choices while eating, caloric intake and exercise. Strategies for weight management and weight loss within the LP population are addressed.

### Insurance Issues: Navigating the System

*James, 4th Floor*

*Presenter: C. Reid*

Dr. Reid will explain some of the basics of health insurance, including Medicare and Medicaid. Areas of discussion will include concepts used in the approval process, what mechanisms are available to address insurers' decisions and some ways members can become educated consumers of the system.

### Just the Facts, Ma'am (/Sir): The Latest Information on Controversial Topics of Extended Limb Lengthening (ELL), Drug Trials, and Voxzogo

*Harborside Ballroom C, 4th Floor*

*Presenters: J. Hoover-Fong; P. Modaff; S. Spencer*

The goal of this session is to discuss the medical facts about controversial topics in the LPA community. Medical professionals will discuss the latest information and data about Extended Limb Lengthening (ELL), the medication Voxzogo, and several clinical trials designed to study the effects of pharmaceuticals on patients with a variety of skeletal dysplasias.



**Sunday, June 30th**

## **Medical Workshops Session II: 1:00pm – 2:15pm (continued)**

### **Limb Alignment Issues in Skeletal Dysplasia**

*Laurel A & B, 4th Floor*

*Presenter: R. Bernstein; A. Scaduto*

This workshop will focus on lower extremity bowing, malalignment, joint instability and pain. Surgical timing and expected recovery related to these lower extremity issues will also be discussed.

### **Neurosurgical Issues of the Head/Neck/Spine**

*Grand III & IV, 3rd Floor*

*Presenters: J. Campbell; J. Chen; M. Groves; G. Jallo; A. Tuchman*

This workshop will discuss potential neurosurgical issues in children and adults with skeletal dysplasias. This may include problems with a small foramen magnum, spinal stenosis, hydrocephalus and other complications that may occur. Surgery performed to correct problems and expected outcomes will be highlighted.

### **Osteoarthritis, Joint Replacements and More**

*Grand Ballroom II, 3rd Floor*

*Presenters: D. Hoernschemeyer; K. White*

In this workshop, presenters will focus on problems in the joints that are the result of abnormal joint formation, excessive joint deterioration and arthritis. We will discuss management of chronic joint pain and surgical options.

### **Parental Discussion of Medical and Genetic Information with Pediatric Patients and Siblings**

*Grand Ballroom I, 3rd Floor*

*Presenters: J. Bell; E. Carter; A. Duker; A. Patterson*

Many parents of children diagnosed with a skeletal dysplasia have questions about how to discuss the diagnosis with their child and/or their child's siblings. In this workshop, we will talk about strategies and resources to help parents navigate discussing medical and genetic information with their children.

## **Physical Therapy Concerns for Infants through Middle Schoolers**

*Essex ABC, 4th Floor*

*Presenter: K. Turner*

This session is an open forum with a physical therapist to discuss sports and recreation options that can be modified for the LP. Discussion will also include information on the aquatic/pool environment and how it is uniquely suited for the LP. Leaders will additionally facilitate discussions with LPs and their families to identify specific environmental obstacles and to share potential functional solutions or adaptations.

## **Reproductive Issues**

*Iron, 4th Floor*

*Presenters: D. Krakow; S. Nikkel*

This workshop will discuss medical issues related to fertility and pregnancy. Topics discussed will include fertility issues and inheritance of skeletal dysplasias, how pregnancies may affect LP bodies differently than average statured women, potential complications of pregnancy and risks to the fetus, reasoning for Cesarean delivery and types of anesthesia used. Prenatal diagnosis options will also be discussed. This is a workshop that is inclusive of all women, LP and average stature.

## **Respiratory Issues and Sleep Apnea**

*James, 4th Floor*

*Presenter: J. Briddell; L. Ortiz; D. Tunkel*

Dr. Tunkel will discuss breathing problems that may arise at various ages in individuals with short stature. Topics discussed will include central apnea, obstructive sleep apnea, sleep studies, and various treatment options for breathing issues.



**Sunday, June 30th**

## **Medical Workshops Session III: 2:30pm – 3:45pm**

### **Achondroplasia and Hypochondroplasia**

*Harborside Ballroom C, 4th Floor*

*Presenters: K. Lurman; E. Okenfuss; A. Schelhaas; S. Spencer; I. Ward*

This workshop will focus on a variety of diagnosis specific questions regarding medical issues related to both achondroplasia and hypochondroplasia.

### **Adult Cervical and Spinal Stenosis**

*Kent B & C, 4th Floor*

*Presenters: M. Groves; M. Kropf; A. Tuchman*

This workshop will discuss cervical and spinal stenosis in adults with skeletal dysplasias. Surgery performed to treat these problems and their expected outcomes will be highlighted.

### **Better Nutrition & Exercise Equals A Better Life**

*Laurel C & D, 4th Floor*

*Presenter: D. McInerney; C. Jacobsen*

In this workshop, we will discuss making good choices while eating, caloric intake and exercise. Strategies for weight management and weight loss within the LP population are addressed.

### **Pain Management**

*Laurel A & B, 4th Floor*

*Presenters: R. Carroll; C. Ditro; C. Francomano*

This workshop will include the causes of pain for people with short stature, including musculoskeletal, myofascial, and neurogenic (for example, caused by muscle spasm or arthritis, myofascial trigger points and nerve compression). We will discuss how to recognize which type of pain you may be experiencing and various strategies, both pharmacologic and non-pharmacologic, to treat it. We will also suggest health care professionals who are best suited to assisting with pain management.

## **Pediatric Foramen Magnum Stenosis, Spinal Stenosis, and Hydrocephalus**

*Grand Ballroom III & IV, 3rd Floor*

*Presenters: R. Bernstein; J. Campbell; J. Chen; G. Jallo; S. Mackenzie*

This workshop will include spinal stenosis and hydrocephalus in both children and adults with skeletal dysplasias. Surgery performed to treat these problems and their expected outcomes will be highlighted.

## **Physical Therapy Concerns for High School Years through Adulthood**

*Essex ABC*

*Presenter: K. Turner*

This session is an open forum with a physical therapist to discuss sports and recreation options that can be modified for the LP. Discussion will also include information on the aquatic/pool environment and how it is uniquely suited for the LP. Leaders will additionally facilitate discussions with LPs and their families to identify specific environmental obstacles and to share potential functional solutions or adaptations.

## **Pseudoachondroplasia, Multiple Epiphyseal Dysplasia Cartilage-Hair Hypoplasia, Ellis van Creveld, and Related Conditions**

*Grand Ballroom II, 3rd Floor*

*Presenters: J. Hecht; D. Hoernschemeyer*

Speakers in this workshop will address questions from the audience regarding medical issues related to CHH, EVC and other rare skeletal dysplasias. Though there are fewer people with these specific dysplasia diagnoses, many of their-dysplasia related medical issues are similar and may be managed well.

## **Research Results to Use in Everyday Life**

*Grand Ballroom I, 3rd Floor*

*Presenters: M. Bober; J. Hoover-Fong; J. Legare; M. Little; P. Modaff*

The goal of this session is to share the results from important recent skeletal dysplasia research projects including CLARITY and the Skeletal Dysplasia Management Consortium. CLARITY is the largest natural history study about patients with achondroplasia. The Skeletal Dysplasia Management Consortium (SDMC) is a group of healthcare providers from around the world who create treatment guidelines for people with all forms of skeletal dysplasias to manage surgery, pregnancy, sleep apnea, spinal stenosis and other medical problems. We will review some of the guidelines and how you can access this information to share with your local healthcare providers.

# *LPA's 2024* WORKSHOP FACILITATORS



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**LUCY WILLIAMS**



**BEN SAYLOR**



**RENEE BRUNS**



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**JESSICA  
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**CHELSEA RIVAS**



**SAMANTHA  
RAYBURN-TRUBYK**



**PEGGY O'NEILL**



**KATHARINE  
CARTWRIGHT**



**DAN OKENFUSS**



**Monday, July 1st**

## **Parent Meetings**

### **Parent Meeting**

8:30am – 9:30am

*Grand II*

*Facilitators: Kelly Lee & Nicole Nastasi*

Open discussion for all parents with discussion topics regarding school issues, IEP's, 504's, possible accommodations, and communicating with your school and school staff.

## **Potentials Foundation: MOPD Families**

### **Genetic Updates**

2:00pm – 2:45pm

*Grand IV Ballroom, 3rd Floor*

*Facilitator: M. Bober, MD; R. Carroll, MD; C. Ditro, PhD; A. Duker, MS; S. Mackenzie, MD*

We will provide updates of MOPD genetic findings with our primordial dwarfism families.

## **General Workshops Session I: 1:00pm – 1:45pm**

### **Chapter Officer Meeting**

*Grand Ballroom I, extended workshop, 1:00pm - 2:45pm*

*Presenter: Deb Himsel, LPA Executive Director*

All LPA Chapter Presidents and Officers are invited to attend. Join Executive Director, Deb Himsel, and members of the board, as we share an update of what is happening in the organization, including an overview from the Board of Directors and District Directors meetings that took place over the past weekend. We encourage you to bring any questions you have to the meeting.

### **H.E.L.P.- Health & Exercise for Little People**

*Essex AB, 4th Floor*

*Presenter: Allison Warrell, Certified Personal Trainer*

Come join lifetime LPA member and Certified Personal Trainer Allison Warrell for some fitness 101. Discussions will be about exercise modifications, healthy food choices and overall health and fitness.



**Monday, July 1st**

**General Workshops Session I: 1:00pm – 1:45pm (continued)**

**Little People in Pop Culture**

*James, 4th Floor*

*Presenter: Ben Saylor (BA from DePaul University in Relational Communications with a double minor in LGBTQ Studies and creative writing, he also watches a lot of TV)*

Welcome to Little People in Pop Culture. This workshop will be an open discussion about how people feel about the portrayals of Little People in popular culture and media. We will talk about what is bad, what is good, and what we all believe could be done better.

**Loving An Addict**

*Heron, 4th Floor*

Loving addict will allow a safe place to talk about when a loved one is addicted to alcohol or drugs or is in recovery.

**Promoting Diversity and Inclusion in the Fashion Industry**

*Essex C, 4th Floor*

*Presenter: Mosa Kuape*

Promoting diversity and representation in the fashion industry. Building a More Inclusive Fashion Industry and creating opportunities for Aspiring Models, and the power of Personal Branding. Celebrating the beauty of our differences and creating opportunities for individuals from all backgrounds.

**Where are all the Little People?**

*Galena, 4th Floor*

*Presenter: Anthony Soares*

All Members welcome. Open discussion on why we don't see LP's cast in general marketing, commercials advertisements or seen as a necessary consumer demographic for brands and corporations.



**Monday, July 1st**

## **General Workshops Session II: 2:00pm – 2:45pm**

### **Difference within Difference**

*Laurel A, 4th Floor*

*Presenter: Ben Saylor (BA from DePaul University in Relational Communications with a double minor in LGBTQ Studies and creative writing, he also watches a lot of TV).*

This will be an active discussion on intersectionality and people's experiences in and outside of LPA.

### **Empowerment Tools to Help You and Your Child Thrive: Strategies for Independence and Resilience**

*Essex C, 4th Floor*

*Presenters: Terri J. Kirby is a writer/speaker/encourager with a Masters in Educational Leadership and three decades of experience in higher education and volunteer leadership. Gayle Downen, Diastrophic Dysplasia - BS in Child Development, SIU Carbondale, Illinois. She has worked in many office settings and has been a Preschool Teacher.*

Learn practical strategies to empower your children to thrive independently while also gaining essential insights into handling bullying and derogatory remarks from strangers. By combining these topics, we aim to provide holistic support for both the emotional well-being and practical needs of children with dwarfism.

### **Grief and Loss of Child or Pregnancy**

*Heron, 4th Floor*

*Presenter: Mary Ellen Little*

Grief and loss will allow a safe place to talk about the loss of a child because of a life limiting genetic condition such as double dominance. We will also be open to discussions regarding loss through termination or after birth.

## Monday, July 1st

### **H.E.L.P.- Health & Exercise for Little People- Workout**

*Essex A & B, 4th Floor*

*Presenter: Allison Warrell, Certified Personal Trainer*

Come join lifetime LPA member and Certified Personal Trainer Allison Warrell for a workout. The workout will be body weight and with resistance bands to show different workouts LPs can do at home.

### **General Workshops Session III: 3:00pm – 3:45pm**

#### **Health & Wellness for LP's**

*Heron, 4th Floor*

*Presenter: Jessica Markbreiter*

Join Certified Athletic Trainer, Jessica Markbreiter, as she discusses topics of health and wellness for LP's. Learn about fitness accessibility, exercise modifications, flexibility and nutrition.

#### **Heighten Your Sensuality and Intimacy**

*Laurel A, 4th Floor*

*Presenter: Dr. Marylou Naccarato, Board Certified Clinical AASECT Sexologist & Sexuality Educator*

Join us in a casual conversation to discuss fun tips, toys, and techniques that may enhance your pleasure solo or with a partner. We will also cover new positions suited to your range of mobility. All sexual expressions, orientations, and identities are welcome. Must be 18 years old or over to attend.

#### **Men and Mental Health Discussion Group**

*Grand I, 3rd Floor*

*Presenter: Jackson Santy, Licensed Social Worker*

Men's discussion group to provide a brave space for sharing experiences related to being a man with dwarfism. Participants will explore how we've managed struggles and found successes in our experiences, while also discussing ways to promote mental health within our families, partners, friend groups, and wider communities. This workshop aims to foster mutual support, resilience, and advocacy for positive mental well-being among male-identifying members of the dwarfism community.



## Three M's for Better Health (Mindset, Movement, & Meals)

Essex C, 4th Floor

Presenter: Stephanie Ringeisen

As an out of shape, perimenopausal LP, Stephani turned her health around in the past few years, and she realized if she can do it, anyone can! This motivating workshop is geared for everyone who wants to take steps towards better health. Starting with the importance of a good mindset, it will also include tips on how to start moving your body at your current ability, the importance of eating anti-inflammatory foods, and easy peasy healthy meal ideas.

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**Tuesday, July 2nd**

## Parent Meetings

### **Biotech Discussion for Average Height Parents : Average Height only**

8:30am – 10:30am

*Grand Ballroom Salon 2, 3rd Floor*

Open discussion for all average height parents who are interested in more information on the latest advancements in pharmaceutical technologies. This is an open forum to share your thoughts, concerns, questions, and experiences about height-related medications and other interventions. This will be the only formal meeting at this conference where topics related to height will be discussed in a protected environment.

### **Psychological Effects of Pharmaceutical Technologies on the Community: LPs only**

8:30am – 10:30am

*Grand Ballroom Salon 8, 3rd Floor*

Open discussion for all LPs who wish to share their feelings, psychological effects, trauma, and frustration about the current state of pharmaceutical technologies and its effect on the LP community. This is an open forum to share your thoughts, concerns, questions and experiences about the impacts of height-related advancements. This will be the only formal meeting at this conference where topics related to the psychological impacts of pharma advancements will be discussed in a protected environment.

### **Reunión de Padres en Español**

10:00am – 11:30am,

*Grand Ballroom 1, 3rd Floor*

*Facilitadora: Brenda Martinez*

Discusión abierta para padres. Se discutirán los temas de tipo socio- cultural. Los adultos de talla baja que quieran participar y compartir sus experiencias serán bienvenidos. Recomendaciones sobre adaptaciones y consejos prácticos.





## **Average Height Youth Meetings**

### **Average Height Youth Workshop with Games (Ages 8 to 12)**

*9:00am - 10:00am*

*Falkland, 4th Floor*

*Presenter: Katharine Cartwright*

Come and hang out with friends and participate in fun activities, while sharing what's cool/uncool about being here at LPA.

### **Average Height Youth Workshop with Games (Ages 13+)**

*10:30am - 11:30am*

*Falkland, 4th Floor*

*Presenter: Katharine Cartwright*

Come and hang out with friends and participate in fun activities, while sharing what's cool/uncool about being here at LPA.

## **General Workshops Session IV: 1:00pm – 1:45pm**

### **LP Moms**

*Galena, 4th Floor*

*Presenter: Kaitlyn Betts, Mom with Dwarfism*

A safe place for mothers with dwarfism to have to come together and discuss day to day life.

### **Green Flags & Healthy Relationships**

*Laurel A, 4th Floor*

*Presenter: Lucy Williams, an avid therapy enthusiast, and volunteer from Turnaround*

Attendees will discuss Green Flags and provide resources to educate people on what healthy relationships look like, encourage them to set boundaries, equip them to identify signs and offer support to address and support each other.

## Tuesday, July 2nd

### Let's Talk About Travel

*Heron, 4th Floor*

*Presenter: Renee Bruns*

Travel workshop on different needs we need, whether at the airport or hotel or tourist attractions. This workshop is geared towards anyone wanting to travel more but uncertain on how to navigate the unique needs they need when away from home.

### Walking Tall

*Essex C, 4th Floor*

*Presenter: Peggy O'Neill*

William Shakespeare wrote "and though she be but little, she is fierce!" As LPs, we all need to be strong, confident, resilient, persistent and optimistic. In a word: Fierce! Come join personal empowerment expert, Peggy O'Neill and learn how you can build inner strength, express yourself skillfully and confidently, and be your AWESOME-self wherever you go!

### Know Your Rights: Equal Opportunity and Non-Discrimination at Work, School, and Public Life

*Grand III & IV, 3rd Floor*

*Presenter: Jon Etherton and Chelsea Rivas*

This workshop will provide an overview of federal civil rights laws and legal protections against discrimination at work, school, and public life. The workshop will also include an introduction to effective problem-solving and advocacy at the federal, state, and local level. There will be time for Q&A so bring your questions!



Welcome to

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# More Resiliency for More Joy!

*In Tough Times Like These, We All Could Use More Resiliency!*

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... Overcoming our challenges allows us to feel empowered & triumphant.

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For dates & details go to [MR4MJ.PeggySpeaks.com](http://MR4MJ.PeggySpeaks.com)

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for organizational speeches & trainings.

Let's chat at the conference! Or go to [PeggySpeaks.com](http://PeggySpeaks.com).





## General Workshops Session V: 2:00pm – 2:45pm

### **Do You Go To The Doctor?**

*Grand III & IV, 3rd Floor*

*Presenters: Jon Etherton and Chelsea Rivas*

Join members of the Advocacy Committee who will explain increased federal protections under Section 504 of the Rehabilitation Act regarding access to medical care for individuals with dwarfism. This workshop will help you understand a recent change in federal regulations that strengthen your rights and expand your protections against discrimination regarding access to medical care by providers who receive federal funding. You will learn what changed, why it matters, and what to do if a covered medical provider or facility discriminates against you because of your dwarfism.

### **Health Care Transition for Young Adults**

*Laurel A, 4th Floor*

*Presenter: Allison Lourash*

The transition from pediatric to adult healthcare can be a significant shift for youth with dwarfism. Learn about things to consider when selecting adult providers and how to plan for changes in care. Concrete tools such as Care Notebooks and apps will be provided along with a discussion on the importance of self-advocacy.

### **The Inclusion Workshop: What does it all mean?**

*Grand I, 3rd Floor*

*Presenter: Maria McClellan - she/her, Inclusion Director, Board member of LPA. Ellen Ereneia, she/her, LPA lifetime member, LPA Inclusion Committee member.*

The LPA Inclusion Committee invites all LPA members to join us for a gathering of connection and community to share important updates in the IDEA work of LPA. We promise to keep it fun and informative! This is a hybrid workshop to allow LPA members who could not make it to the conference to attend. We will talk about what is inclusion, voicing some of your concerns, and learning how to implement inclusion in your own community. We will try to meet as many access needs as possible during this workshop. Feel free to email us at [inclusion.director@lpaonline.org](mailto:inclusion.director@lpaonline.org) if you have something specific you'd like us to know about ahead of time.

**Tuesday, July 2nd**

### **Navigating Distant Life-Changing Medical Care for Children**

*Essex C, 4th Floor*

*Presenter: Dona Krystosek*

Workshop geared for parents of children 17 & under. Accessing specialized medical care far from home doesn't have to be a barrier for your family. Join us to learn how to gain access to distant medical treatments, surgeries, and second opinions at centers of excellence across the country.

### **Sewing Made Simple**

*Essex AB, 4th Floor*

*Presenter: Jennifer Edwards*

Are you tired of purchasing clothes and then having to pay someone else to alter them? Come learn some basic beginning sewing skills. If you have a sewing machine and a pair of pants you would like to alter, bring them!

## **General Workshops Session VI: 3:00pm – 3:45pm**

### **Independent Living 101**

*Laurel A, 4th Floor*

*Presenter: Dan Okenfuss, public policy manager of the California Foundation of Independent Living Centers*

Independent Living is both a cultural movement and a program. It is a way of looking at disability that puts the individual first and the disability second. The Independent Living Community works toward equal opportunity for people with disabilities to share in all the benefits of society.

Independent Living is a way of thinking about people with disabilities. It says that people with disabilities know best how to take care of themselves.



**Tuesday, July 2nd**

## **Empowering Education: Understanding IEP and 504 accommodations for Individuals with Dwarfism**

*Grand III & IV, 3rd Floor*

*Presenter: Chelsea Rivas*

Join members of the Advocacy Committee as they provide insights and practical strategies for navigating the complexities of 504 accommodation requests and Individualized Education Programs (IEPs) for individuals with dwarfism.

**Unlock Healing**

EMDR Therapy Intensive

## **Come Spend Two Days of Healing with Trauma Expert Patrick Walden, LICSW**

### **Philadelphia, PA**

- EMDR is the leading treatment for healing past trauma as well as a variety of other mental health issues, including depression, anxiety, and low self-esteem.
- *Gain* experience profound healing in a supportive environment.
- Learn mindfulness and relaxation exercises and practical tools for self-care and emotional regulation.
- Gain insights into your own inner workings and thought patterns
- Intensives are available the first full week of each month.

Come ask me about EMDR while we are all together in Baltimore!

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## Wednesday, July 3rd

### Children's Room Workshop (new!)

#### Kids Genetics & Understanding Difference Workshop

9:00am – 10:00am

Harborside D & E, 4th Floor

Bringing children together to talk about differences and genetics. We will be making paper chains with different color paper and different paper cut outs to make our paper chain UNIQUE just like we are all a little bit unique due to our genetics. Kids can write on their paper chains about things that are cool and exciting and unique about themselves. During the craft, we can discuss things like the elevator speech and how each child responds when people ask questions and make comments.

### Parent Meetings

#### Parent Meeting

9:00am – 10:00am

Grand II

Facilitators: Kelly Lee & Nicole Nastasi

Open discussion on any aspect of raising a child with dwarfism. Have a question but don't know who or where to ask? Bathroom issues, dating, driving, etc... this is the place.

### Average Height Youth Meetings

#### Average Height Youth Workshop (Ages 8 to 12)

10:00am - 11:00am

#### Average Height Youth Workshop (Ages 13 and up)

11:15am -12:15pm

Falkland, 4th Floor

Presenter: Katharine Cartwright

Meet up with the friends that you made during the week to talk about your experiences at conferences and at home. Share your stories and support other average-height family members of LPA. What is it like to have most people remember our LP family member's name, but not necessarily ours? How do we handle people staring or name-calling? What's the best part of being a part of this LP community, and where do we fit in? Opportunities to discuss a wide range of topics with candor: family, friends, school, recreational activities, and individual concerns. No parent or adult participation, please.



**Wednesday, July 3rd**

## **BioTech Meeting**

### **BioTech Session: Average Height and LP Parents Coming Together**

*11:30am – 1:00pm*

*Grand VII & VIII, 3rd Floor*

*Facilitators: Michael Petruzzelli; Samantha Rayburn-Trubyk*

The latest pharmaceutical research developments have prompted our community to have tough discussions over the past few years. The purpose of this session is to come together after our separate workshops on Tuesday, in order to create a safe and inclusive environment where participants can engage in constructive dialogue, foster understanding, and provide mutual support. In this session, we will be reminded of our commonalities - no matter what decisions are considered, parenting decisions are extremely challenging. LPA is here for everyone, because at the end of the day/week/month/year, LPA is love.

**Wednesday, July 3rd**

## **General Workshops Session VIII: 10:15am –11:15am**

### **College Bound and Beyond - What to Expect in College and Careers**

*Essex C, 4th Floor*

*Presenter: Logan Gin*

This is geared toward both students and parents regarding the transition from high school to college. This workshop will cover what students can expect when and how parents can support students as they go off to college and into their careers. There will also be specific discussion for those interested in Science, Technology, Engineering, and Math (STEM) careers.

### **Diagnosis Day - Introduction to the New World of Skeletal Dysplasia & Discussion on Tactful Communication**

*Grand I & II, 3rd Floor*

*Presenters: Colleen Gioffreda and Amy Patterson, MS, CGC*

We are creating the space for individuals and families to share their story and experience of reaching a diagnosis. Whether you knew about a potential diagnosis ahead of time or it was a total shock, the delivery of news can be frustrating, traumatic, concerning, overwhelming, or demeaning. It can also be enlightening, helpful, and exciting when done sensitively and empathetically. Everyone's journey is different. During this workshop, you are encouraged to share the positive and negative aspects of your experience. Others in LPA have likely had a similar experience to yours - this is meant to be a space of healing, grieving, joy, and venting. The session will be run by an LP and an AH genetic counselor, with the added purpose of hearing your experiences and working to help the medical field do better by the LP Community in the future.

### **Toddlers: 3 & Under Meet Up**

*Essex A&B, 4th Floor*

*Facilitator: Stephanie Krawchuk*

A fun time for our youngest members to get together. This is open to all children 3 and under (LP and average height) and parents (LP and average height) to attend and share stories of raising babies to toddlers.

### **Potentials Foundation Family Meeting**

*Grand IV, 3rd Floor*

*Presenter: Christy Jordan, President & Board of Directors for Potentials Foundation*

Update for families regarding the mission of Potentials Foundation. Discussion regarding uniting families, research topics and volunteer opportunities



## eventos en Español



**domingo, 30 de julio**

### **Recepcion para las personas de habla Hispana / Spanish Speaking Reception**

*5:15pm-6:15pm , Gran salón de baile III*

*Facilitadora: Brenda Martinez*

LPA tiene muchos miembros que participaran de Espana, Mexico, America Central y america del Sur . Esta es la oportunidad que las personas de talla baja y sus familiares compartan sus experiencias con personas de diferentes paises y regiones . Tambien se dara un breve rescuento de las actividades a realizarse en la convencion . Esta recepcion sera coordinada por los miembros de habla hispana de LPA.

**domingo, 30 de julio**

### **Reunión de Padres en Español / Spanish Parent Meeting**

*10:00 am-11:30 am, Gran salón de baile I*

*La Grandeza de lo Pequeño*

*Facilitador: Rocio de Jesus*

Pensamientos y reflexiones que nos ayudan a descubrir dónde reside la grandeza de una persona con baja estatura

**lunes, 1 de julio**

### **Atención médica en la comunidad de displasia esquelética**

*10:00am – 11:30am, Gran salón de baile I*

*Facilitadora: Dr. Sarah Nikkel*

En esta sesión interactiva, tendrás la oportunidad de hacer preguntas generales directamente a uno de los miembros del Directorio Médico.

**martes, 2 de julio**

### **Displasias Esqueléticas, Manejo y Tratamientos**

*10:00am – 11:30am, Gran salón de baile I*

*Facilitadora: Dra. Rosa Ortiz de Luna*

Esta es una excelente oportunidad para que obtengas información médica sobre las displasias esqueléticas, el manejo y sus tratamientos.



### *martes, 2 de julio*

#### **Baile Latino**

8:00pm – 11:00pm, martes 2 de julio, Raven

Ven a bailar al ritmo de la música latina..., salsa, merengue, cumbia y más! No te pierdas esta divertida oportunidad de compartir con nuevos y viejos amigos. Están todos invitados.

(Come dance with the Latin music rhythm..., salsa, merengue, cumbia and much more! Don't miss this fun opportunity to share with new and old friends. Everyone is invited.)

### *miércoles, 3 de julio*

#### **Diversidad e Inclusión**

10:00am – 11:30am, Gran salón de baile I

Facilitadora: Maria McClellan & Ellen Ereneo

Ven y conoce más a fondo sobre este tema y el trabajo que realiza este comité.

## BECKY M TIVATES



Becky and her late son Jackson Robert Kekula

[beckymotivates.com](http://beckymotivates.com)

Becky Motivates is a motivational speaking business. As a motivational speaker and advocate for inclusion everywhere, Becky Curran strives to teach acceptance while educating and motivating all people to establish goals and work hard to accomplish them. Becky began her motivational speaking career in 2011.

Since that time, she has delivered two TEDx talking and has spoken at over 500 venues, including schools, corporations, nonprofit organizations, and government agencies, throughout the United States and beyond. She's ready to come share her story, enlighten and motivate you, your colleagues, your children's schools, and communities.



## **LPA National Conference Information**

### **Annual Meetings of the LPA Council of Directors and Board of Directors**

*Saturday - Sunday, 8:00am-5:00pm, Board Room*

LPA's Board of Directors and Council of Directors conduct an annual in-person session over Conference's opening weekend. The Board reviews the previous year's activities and creates programs and policies to advance the mission of LPA. Everyone is welcome to attend and listen.

<i>Meeting of the Council of District Directors</i>	<i>Saturday, June 29th</i>	<i>8:00am - 12:00pm</i>
<i>Meeting of the Board of Directors</i>	<i>Saturday, June 29th</i>	<i>1:00pm - 5:00pm</i>
<i>Meeting of the Board of Directors</i>	<i>Sunday, June 30th</i>	<i>10:30am - 5:00pm</i>

### **General Assembly Meeting**

*Grand Ballroom 5 & 6*

*Monday, July 1st*

*10:00am - 11:30am*

The Board of Directors, including our newly elected officers, meet in person to conduct LPA business. During the past year, the Board has continued to work towards accomplishing the short term and long range goals to make LPA an organization we can all be proud of. Each member of the Board will share with the community the accomplishments of the recent past and the plans of the Board and the committees they oversee. Finally, the Board will open up a town hall discussion to answer questions from the membership. One of the goals of the Board has been to be available and transparent to the members it serves and there is no better opportunity to ask questions, make suggestions and have your voice heard.

## Dedicated Rooms and Daily Events

We have a variety of rooms throughout the hotel that will primarily house one on-going event or activity for the week, or an event that will take place in the same location every day.

### Bingo

*Harborside Salon C*

*Sunday, June 30th- Wednesday, July 3rd*

*9:00pm - 11:00pm*

Do you like to play Bingo? Want to win some neat prizes? Come join us for a relaxing and fun time. There is no charge to play: all registered attendees at the conference are invited! Individuals under 13 must be accompanied by a parent or responsible adult.

### Barty Lounge

*Waterview Ballroom*

*Sunday, June 30th - Thursday, July 4th*

*10:00pm - 1:00am, 21 and over*

Come enjoy some waterside fun! This year the Barty Lounge will be in the Waterview room, offering both indoor and outdoor space. We are kicking the week off with Barty at the Beach, so dress in your best tropical outfit (\*no bathing suits please). We are doubling the fun this year with two nights of karaoke- get ready for a 70's and 80's night to keep our OWLS from chirping too loudly! There will also be two nights of live bands. For all of their fans, the Little Big Band is returning, and we are welcoming a new band to the LPA scene, the Wyatt Becker Band! Get ready for another year of Barty, **no crabbiness allowed!**

### Children's Room

*Harborside D & E*

*Sunday 8:00am - 12:00pm, 1:00pm - 4:00pm*

*Monday 8:00am - 12:00pm, 1:00pm - 4:00pm*

*Tuesday 8:00am - 12:00pm, 1:00pm - 4:00pm*

*Wednesday 8:30am - 1:00pm*

Where kids go for fun! Let the kids play while you attend the educational workshops. (Pre-registration required).



## Dedicated Rooms and Daily Events

### LPA Registration

*Dover Room, 3rd Floor*

Friday, June 28th	3:00pm - 9:30pm
Saturday, June 29th	8:00am - 11:30am; 1:30pm - 9:30pm
Sunday, June 30th	8:00am - 11:30am; 1:30pm - 6:00pm
Monday, July 1st	8:00am - 1:00pm
Tuesday, July 2nd	9:00am - 1:00pm
Wednesday, July 3rd	9:00am - 1:00pm

Pick up your registration, purchase additional tickets to events, or begin your on-site registration. This room is open for your registration needs, questions, and concerns.

### LPA Concierge Desk

*3rd Floor Convention Space*

Friday, June 28th	5:00pm - 8:00pm
Saturday, June 29th	2:30pm - 8:30pm
Sunday, June 30th	12:00pm - 4:00pm
Monday, July 1st	12:00pm - 4:00pm
Tuesday, July 2nd	1:00pm - 4:00pm
Wednesday, July 3rd	11:00am - 2:00pm

Do you have a quick question about conference or the area around the hotel? Here is the place to get answers from local LPA members. The LPA Concierge Desk will also be selling LPA items, including t-shirts.

### DAAA Check-In

*4th Floor Convention Space*

Friday, June 28th	4:00pm - 8:00pm
Saturday, June 29th	6:00am - 9:00am; 3:00pm - 6:00pm
Sunday, June 30th	9:00am - 11:00am
Monday, July 1st	7:00am - 11:00am
Tuesday, July 2nd	9:00am - 11:00am

The Dwarf Athletic Association of America is hosting their national games this year, but you **must be pre-registered to participate**. However, if anyone is interested in going to cheer the athletes on, that's always encouraged!

**LPA Expo***Grand Ballroom Foyer, Fourth Floor***LPA Platinum Expo Hours**

<i>Sunday, June 30th</i>	<i>12:00pm - 6:00pm</i>
<i>Monday, July 1st</i>	<i>12:00pm - 9:00pm</i>
<i>Tuesday, July 2nd</i>	<i>12:00pm - 9:00pm</i>
<i>Wednesday, July 3rd</i>	<i>12:00pm - 9:00pm</i>

**LPA Expo Hours**

<i>No Sunday hours</i>
<i>6:00pm-9:00pm</i>
<i>6:00pm-9:00pm</i>
<i>6:00pm-9:00pm</i>

New this year! The Platinum Expo is for vendors who would love more time with our membership to tell us about their products and services. Like the regular Expo, Platinum Expo is all about welcoming products that can help our community. Shop the best in LP-related business and products! What's a vacation without a little shopping? Products are not endorsed or approved by LPA, nor by the LPA Medical Advisory Board.

**LPA Archives - Oral History Interviews***Kent A**Saturday, June 29th- Wednesday, July 3rd**Time Scheduled by Appointment with Jim Kay, Archivist*

LPA, supported by funding from the Warner Foundation and the Ford Foundation, has embarked on an ORAL HISTORY PROJECT. The project will focus on a cross-section of LPA members, including parents, siblings, various dwarf diagnoses, leadership at all levels, and staff. The oral history interviews will provide an opportunity for LPA members to share their life experiences, challenges, and accomplishments.

All oral history interviews were scheduled prior to the conference. Please do not disturb the interviews.

**NEW!! Lee Kitchens Corner***Grand Foyer, 3rd Floor**Saturday, June 29th- Thursday, July 4th*

ALL NEW tradition for 2024! Lee Kitchens' Corner is a casual early evening place to gather with old and new friends. As we all know, when we have company over, they all gather in the Kitchen. Mr. Lee Kitchens was a longtime member of LPA, who served the community in so many significant ways, and who held many leadership roles. Come and relax each evening in LPA's "Lee Kitchens' Corner" for a drink and some chit-chat. Light entertainment will be provided most evenings, around 5 pm. Don't miss out on helping to create memories of our new conference tradition!



## *Dedicated Rooms and Daily Events*

### **Medical Clinics, Sponsored by Ellen Fernandez Fund**

*7th Floor, Room 732 for Check-in*

*Monday, July 3 8:30am - 5:00pm*

*Tuesday, July 4 8:30am - 5:00pm*

*Wednesday, July 5 8:30am - 12:00pm*

Meetings with medical professionals are available from members of our Medical Advisory Board. Most meetings were scheduled in advance; please check with the Registration Crew on Saturday morning at LPA Registration (Dover Room ) or Monday afternoon, after 3pm in the MAB Clinic (Meeting Room 732), for additional meeting availability.

### **Nightly Dance**

*Grand Ballroom V & VI*

*Friday, June 28th- Thursday, July 4th*

*9:00pm - 1:00am*

Join us in the Grand Ballroom EVERY NIGHT of the conference for music and dancing. Starting at 9pm, we'll have the best family beats around for both the young in age and the young at heart, from the Chicken Dance and YMCA to the Macarena. Requests will be accepted, although not guaranteed. About 11:30pm, the lights dim and we enter the Club LPA experience EDM, dubstep, top club hits, etc., keeping the dance floor packed until 1am!

### **Parent Meetings**

*Grand II*

Parent meetings are a time to come together, ask questions, seek advice and share stories about raising children in this sweet, diverse community. For more information on the topics covered each day, see the descriptions on the next pages.

## Calm Space

*SW side of 3rd Floor*

*Friday, June 30th - Friday, July 7th*

*During conference event hours*

The conference will have a Calm Space this year for our members who need to take a breath, relax a little, and gather their thoughts in a quieter space. Look out for the Calm Space signs if you need a moment or two away from conference commotion.



## S.W.A.T. Team

*Social Work and Talking*

*Call 551-323-7268 during the week*

Hi everyone! While we are all getting excited about this year's national conference we wanted to make sure that you knew that we are once again providing our awesome peer counseling service called SWAT (Social Work and Talking) for our week-long conference. Whether you're someone with dwarfism or a family member, navigating the unique challenges and joys that come with being at this conference can sometimes feel overwhelming. That's where our peer counselors step in – they lend an empathetic ear, share experiences, and offer support. It's a safe space to chat about anything on your mind, from practical advice to personal stories. Don't miss out on this fantastic opportunity to connect with someone who truly gets it. Make an appointment, call us, text us, and chat to feel the support of our fantastic community! Beginning Friday, please call or text us at 551-323-7268 to speak to a SWAT member. The SWAT members are also walking around in dark gray shirts this year – make sure to stop them and ask about the program!

**SWAT**  
SOCIAL WORK AND  
TALKING

**NEED SUPPORT DURING  
CONFERENCE HOURS?  
CALL OR TEXT  
551-323-7268**



## Parent Meetings

### Sunday, June 30th

#### Parent Meeting: Psychosocial Issues in Children

8:30am – 10:00am,

Grand Salon II

Presenters: Erin Carter, M.S., C.G.C., Angela Duker, C.G.C., Peggy Modaff, M.S., C.G.C., Ericka Okenfuss, M.S., C.G.C., Amy Patterson, M.S., C.G.C., & Andrea Schelhaas, MS, CGC.

An open discussion group for parents of LPs, moderated by counseling professionals. Discuss the psychological and social aspects of dwarfism, i.e. talking to family, friends and strangers about your child's difference; dealing with staring, comments, teasing and the social stigma of short stature. Adult LP's welcome to attend and provide a personal perspective on growing up as an LP. Due to the confidential and personal nature of this Parents Meeting, please do not bring children or infants.

#### Reunión de Padres en Español / Spanish Parent Meeting

10:00 am-11:30 am, Gran salón de baile I

La Grandeza de lo Pequeño

Facilitador: Rocio de Jesus

Pensamientos y reflexiones que nos ayudan a descubrir dónde reside la grandeza de una persona con baja estatura

### Monday July 1st

#### Parent Meeting

8:30am – 9:30am

Grand II

Facilitators: Kelly Lee & Nicole Nastasi

Open discussion for all parents with discussion topics regarding school issues, IEP's, 504's, possible accommodations, and communicating with your school and school staff.



## Parent Meetings

### Tuesday, July 2nd

#### Two sessions; Different Perspectives on Biotechnology

##### **Biotech Discussion for Average Height Parents : Average Height only**

8:30am – 10:30am

Grand Ballroom Salon 2, 3rd Floor

Open discussion for all average height parents who are interested in more information on the latest advancements in pharmaceutical technologies. This is an open forum to share your thoughts, concerns, questions, and experiences about height-related medications and other interventions. This will be the only formal meeting at this conference where topics related to height will be discussed in a protected environment.

##### **Psychological Effects of Pharmaceutical Technologies on the Community: LPs only**

8:30am – 10:30am

Grand Ballroom Salon 8, 3rd Floor

Open discussion for all LPs who wish to share their feelings, psychological effects, trauma, and frustration about the current state of pharmaceutical technologies and its effect on the LP community. This is an open forum to share your thoughts, concerns, questions and experiences about the impacts of height-related advancements. This will be the only formal meeting at this conference where topics related to the psychological impacts of pharma advancements will be discussed in a protected environment.

### Wednesday, July 3rd

9:00am – 10:00am

Grand II

Facilitators: Kelly Lee & Nicole Nastasi

Open discussion on any aspect of raising a child with dwarfism. Have a question but don't know who or where to ask? Bathroom issues, dating, driving, etc... this is the place.



## Parent Meetings

### **Wednesday, July 3rd (continued)**

#### **Diagnosis Day - Introduction to the New World of Skeletal Dysplasia & Discussion on Tactful Communication**

*Grand I & II, 3rd Floor*

*10:15am - 11:15am*

*Presenters: Colleen Gioffreda and Amy Patterson, MS, CGC*

We are creating the space for individuals and families to share their story and experience of reaching a diagnosis. Whether you knew about a potential diagnosis ahead of time or it was a total shock, the delivery of news can be frustrating, traumatic, concerning, overwhelming, or demeaning. It can also be enlightening, helpful, and exciting when done sensitively and empathetically. Everyone's journey is different. During this workshop, you are encouraged to share the positive and negative aspects of your experience. Others in LPA have likely had a similar experience to yours - this is meant to be a space of healing, grieving, joy, and venting. The session will be run by an LP and an AH genetic counselor, with the added purpose of hearing your experiences and working to help the medical field do better by the LP Community in the future.

#### **BioTech Session: Average Height and LP Parents Coming Together**

*Grand Ballroom Salon 7 & 8*

*11:30am - 1:00pm*

*Facilitators: Michael Petruzzelli; Samantha Rayburn-Trubyk*

The latest pharmaceutical research developments have prompted our community to have tough discussions over the past few years. The purpose of this session is to come together after our separate workshops on Tuesday, in order to create a safe and inclusive environment where participants can engage in constructive dialogue, foster understanding, and provide mutual support. In this session, we will be reminded of our commonalities - no matter what decisions are considered, parenting decisions are extremely challenging. LPA is here for everyone, because LPA is love.

## *Dwarf Artist Coalition Activities*

The Dwarf Artist Coalition (DAC) brings together different artists, highlighting their work in music, art, photography, design, spoken word, and performance. The hope is to celebrate all the natural artists while fostering new artists and inspiring the community!

### **DAC Visual Art Display**

*Grand Foyer, 3rd Floor*

*Sunday, June 30th - Thursday, July 4th*

*(see schedule for times)*

Come support LP visual artists! DAC will be showcasing artists submissions in a digital gallery display during the Expo hours, July 1st – 4th. These pieces-of-art, pending artist preference, may be available for purchase. *Artists to manage sales.*

### **DAC Mixer**

*Raven, 1st Floor*

*Monday, July 1st, 3:00pm - 4:00pm*

Don't miss this chance to connect, bond and discuss all things creative with fellow artists, designers, musicians, and more! Whether you're an artist, fan, or just looking for fun and friendship, join the DAC (Dwarf Artist Coalition) for an event filled with conversation, opportunity, creativity, and a glimpse into the future.

### **DAC visits the Children's Room**

*Griffin Right*

*Wednesday, July 3rd, 10:00am - 11:00am*

Come discover your inner creativity! Kids of all ages interested in Art should come join the DAC for a fun and interactive storybook lesson. Mentorship opportunities will be provided as the co-chair(s) who work with the kids will share their careers in the arts and answer questions they have about careers in the arts.

### **Dwarf Artists Coalition (DAC) Telephone Reception**

*Waterview*

*Wednesday, July 3rd, 4:30pm - 6:30pm*

The Telephone Project is an event that showcases DAC members' works. This year the artist's work will be based on the heroic Ovitiz Family. Specifically, the photo from a production entitled "Zwerge" [translation: dwarf] at New York City's Dixon Place. The project will be represented through various art forms (i.e.: spoken word, dance, monologue, song, photography, paint, etc.) Each piece builds upon the other, much like in the game "Telephone".



## ***Barty Lounge Nightly Entertainment***

The Barty Lounge will be around for FIVE nights of the conference this year - Sunday through Thursday. This year the Barty Lounge will be in the Waterview room, offering both indoor and outdoor space. We are kicking the week off with Barty at the Beach, so dress in your best tropical outfit (\*no bathing suits allowed). We are doubling the fun this year with two nights of karaoke - get ready for a 70's and 80's night to keep our OWLS from chirping too loudly! There will also be two nights of live bands. For all of their fans, the Little Big Band is returning, and we are welcoming a new band to the LPA scene, the Wyatt Becker Band! Get ready for another year of Barty, no crabiness allowed!

### **Sunday, June 30th**

*Waterview Ballroom, Ground Floor*

*10:00pm - 1:00am*

Barty Lounge kicks off the week with Barty at the Beach and the music of Jon Michael Ogletree, who is an accomplished musician with a repertoire covering a wide range of genres. He also happens to be an LPA member and will also be featured in the LBB later this week. Grab a seat or your dancing shoes, and plan on spending the whole evening in the Lounge.

### **Monday, July 1st**

*Waterview Ballroom, Ground Floor*

*10:00pm - 1:00am*

The thrills and chills of karaoke... You never know when one of your friends will try to convince you to step up for a very memorable singing experience. We have two nights of karaoke this year, due to last year's popularity and the obvious singing talent of our membership! This evening is karaoke for the 70's and 80's... we'll be concentrating on those older (some say better) tunes. Maybe you want a solo performance, or maybe you want to get up there with your friends and belt out Journey or Sweet Caroline. Karaoke night is always a fantastic time - come join us!

## **Tuesday, July 2nd**

*Waterview Ballroom, Ground Floor*

*10:00pm - 1:00am*

Our very own Little Big Band comes back and will be rocking and rolling all night along with some talented LPA members. Doctors and LPs come together as one to perform as if they've been practicing together all year for this. If you've never had the chance to rock the night away with this band, Baltimore is the year! Come early to get a good seat – you definitely don't want to miss it!

## **Wednesday, July 3rd**

*Waterview Ballroom, Ground Floor*

*10:00pm - 1:00am*

Live Music Night happens again on Wednesday, featuring the Wyatt Becker Band! A little bit country, a little bit rock, a little bit blues, and a lot bit charming, WBB plays covers and their own songs. Time to dance, and then dance, and then dance some more!

## **Thursday, July 4th**

*Waterview Ballroom, Ground Floor*

*10:00pm - 1:00am*

Spend our last night together after the fireworks with karaoke from the modern years (1990's and up), and dance the night away while listening to the best singers in the business - er- the audience. So many songs to choose from within 4 decades. Has it really been four decades???? Celebrate the 4th with us by making some fireworks with your dancing shoes. It's going to be an amazing end to the week.



## Receptions and “Meet & Greets”

Whether you are a seasoned conference attendee or a first timer wanting to meet others, we encourage you to take advantage of these wonderful get-togethers. This is an excellent opportunity to meet new people, exchange ideas, ask important questions, relax and socialize. We encourage all to attend and connect with other LPA members and make new friends. Most of the receptions are open to all members with the exception of those noted with an asterisk (\*). There is no charge to attend most receptions, although some may have a cash bar. Times are subject to change. Light food is provided at some receptions, however ‘meet and greets’ do not have food provided.

FRIDAY – JUNE 28TH		
TIME	FUNCTION	LOCATION
3:30pm - 4:30pm	CITM (Tweens) Meet & Greet	Harborside Salon A & B
SATURDAY – JUNE 29TH		
TIME	FUNCTION	LOCATION
2:00pm - 3:00pm	<i>Teens Get to Know You Meet &amp; Greet</i>	Essex A,B,C
4:00pm - 5:00pm	Parents and Family Reception	Laurel A,B,C,D
4:00pm - 5:00pm	International Reception	Grand Ballroom II
4:30pm - 5:30pm	OI Meet & Greet	Atlantic
4:30pm - 5:30pm	CHH Meet & Greet	Grand I
4:30pm - 5:30pm	Adoption Reception	Waterview A,B,C
5:15pm - 6:15pm	Spanish Speaking Reception	Grand Ballroom III
5:00pm - 5:30pm	Children’s Room - Open House	Harborside D & E
5:00pm - 6:00pm	Pseudo Meet & Greet	Grand IV
8:00pm - 9:30pm	Rainbow Social (LGBTQ+ & Allies)	Grand III

**SUNDAY – JUNE 30TH**

<i>TIME</i>	<i>FUNCTION</i>	<i>LOCATION</i>
10:00am - 11:00am	Average Height Youth Meet & Greet	Falkland
4:00pm - 6:00pm	MAB Reception* <i>Sponsored by the Ellen Fernandez Fund</i>	Private Event
4:00pm - 6:00pm	MOPD Meet & Greet	Grand I
4:30pm - 5:30pm	OWLS Reception <i>Sponsored by Anthony Soares, UW Health &amp; Craig McCulloh</i>	Raven
5:15pm - 6:30pm	Newcomers Reception <i>Sponsored by Nemours Children's Health</i>	Grand II & III

**MONDAY – JULY 1ST**

<i>TIME</i>	<i>FUNCTION</i>	<i>LOCATION</i>
5:00pm - 6:30pm	Diastrophic Meet & Greet	Essex A, B
5:00pm - 6:30pm	SED/Kniest Meet & Greet	James
5:00pm - 6:30pm	Acromesomeliac Meet & Greet	Iron
5:00pm - 6:30pm	Morquio Meet & Greet	Essex C
5:00pm - 6:30pm	Donor & Board Reception*	Private Event
9:00pm - 10:00pm	College Scholarship & Mentorship Dessert Reception*	Private Event

**TUESDAY – JULY 2ND**

<i>TIME</i>	<i>FUNCTION</i>	<i>LOCATION</i>
5:00pm - 6:30pm	Grandparents Meet & Greet	Essex C
5:00pm - 6:00pm	District Meet & Greet	Grand I, II, III, IV

**WEDNESDAY – JULY 3RD**

<i>TIME</i>	<i>FUNCTION</i>	<i>LOCATION</i>
4:30pm - 6:30pm	DAC - Telephone Reception	Waterview

\* By invitation only.



## Receptions and “Meet & Greet”

Meet and Greets are an opportunity to come and share experiences, meet new people, exchange ideas, ask important questions, relax and socialize. We encourage all to attend and connect with other LPA members and make new friends. Here are the list of Meet and Greets that are offered this year (please see pages 86-87 for location, dates and times).

- Acromesomelic Dysplasia
- Cartilage Hair Hypoplasia (CHH)
- Diastrophic Dysplasia
- Grandparents
- Morquio Syndrome
- Osteogenesis Imperfecta (OI)
- Parents of Little People (POLP)
- Primordial (MOPD)
- Pseudoachondroplasia
- Spondyloepiphyseal Dysplasia (SED), Kniest, and related conditions

### Adoption Reception

*Waterview A,B,C*

*Saturday, June 29th 4:30pm - 5:30pm*

Join us to meet other families who have already adopted, or who are going through the process now. Share your experiences about one of life's most amazing journeys. Adoption is a wonderful element of LPA's culture. Come and celebrate with us. Children are very welcome!

### Average Height Youth Meet and Greet

*Falkland*

*Saturday, June 29th, 10:00am - 11:00am*

Get to know new friends, or renew friendships with other average height youth members. Average height siblings or children of LP parents are encouraged to attend. Discover what you may have in common with those other average height peeps who are attending the Baltimore conference, with a lot of fun thrown in too. Time to exchange contact information so you can keep in touch during the conference and beyond.

### College Scholarship and Mentorship Reception \*

*Monday, July 1st, 9:00pm - 10:00pm*

This is a private reception to honor this year's LPA College Scholarship Award Recipients. We will also be recognizing those who participated in this year's LPA College Mentorship Program. *\*By invitation only*



### **Donor and Board Reception \***

*Monday, July 1st, 5:00pm - 6:30pm*

This is a private reception to thank our generous Donors, Sponsors, Board of Directors, and other Volunteer Leaders. *\*By invitation only*

### **College Scholarship and Mentorship Reception \***

*Monday, July 1st, 9:00pm - 10:00pm*

This is a private reception to honor this year's LPA College Scholarship Award Recipients. We will also be recognizing those who participated in this year's LPA College Mentorship Program. *\*By invitation only*

### **Dwarf Artists Coalition (DAC) Telephone Reception**

*Waterview*

*Wednesday, July 3rd 4:30pm - 6:30pm*

The Telephone Project is an event that showcases DAC members' works. This year the artist's work will be based on the heroic Ovitz Family. Specifically, the photo from a production entitled "Zwerge" [translation: dwarf] at New York City's Dixon Place. The project will be represented through various art forms (i.e.: spoken word, dance, monologue, song, photography, paint, etc.) Each piece builds upon the other, much like in the game "Telephone". Each piece will be performed and/or displayed live! You won't want to miss this event!

### **International Reception**

*Grand Ballroom II*

*Saturday, June 29th, 4:00pm - 5:00pm*

Our LPA National Conference hosts attendees from all over the world. Come and learn more about their lives and organizations and share with them some of your experiences. This is also a good opportunity for them to learn about LPA.

### **MAB Reception \***

*Sponsored by the Ellen Fernandez Fund*

*Sunday, June 30th, 4:00pm - 6:00pm*

This is a private reception for LPA's Medical Advisory Board and their guests. *\*By invitation only*

### **Newcomers' Reception**

*Sponsored by Nemours Children's Health*

*Grand Ballroom II & III*

*Sunday, June 30th, 5:15pm - 6:30pm*

If this is your first time attending a National Conference, please join us to learn what to expect. You will learn about all the events, the workshops, and in general, how to navigate your way around a national conference. This reception is hosted by seasoned



## Receptions and “Meet & Grets”

LPA members, who will give you advice they have learned from years of attendance and service. It is a great opportunity to ask questions, and to meet other first timers. We highly recommend you attend this reception to help alleviate any anxiety you may be experiencing.

### **OWLS Reception (Older Wiser Little Seniors)**

*Sponsored by Tony Soares, UW Health, & Craig McCulloh*

*Raven*

*Sunday, June 30th, 4:30pm - 5:30pm*

You are invited to come and meet others who are enjoying their best and wisest years yet. Whether you are new to LPA or have attended many conferences in the past, this is a wonderful opportunity to catch up with friends old and new.

### **Parent and Family Reception**

*Laurel A, B, C, D*

*Saturday, June 29th, 4:00pm - 5:00pm*

Whether you are the parent of a young child or an older child, come learn and share what the LPA conference is like, and what to expect. You will meet our National Parent Coordinators and learn the schedule and topics of the Parent Meetings for the week.

### **Rainbow Social (2SLGBTQIA+ and Allies)**

*Grand Ballroom III*

*Saturday, June 29th, 8:00 - 9:30pm*

This is an opportunity to meet new friends, visit with old friends, and discuss what is important to you. You will have the opportunity to exchange stories, ideas, and helpful advice. We welcome both gay and supportive straight family and friends.

### **Spanish Speaking Reception / Recepcion para las personas de habla Hispana**

*Grand Ballroom III*

*Saturday, June 29th, 5:15pm - 6:15pm*

LPA tiene muchos miembros que participaran de Espana, Mexico, America Central y america del Sur . Esta es la oportunidad que las personas de talla baja y sus familiares compartan sus experiencias con personas de diferentes paises y regiones . Tambien se dara un breve rescuento de las actividades a realizarse en la convencion . Esta recepcion sera coordinada por los miembros de habla hispana de LPA

## Children's Room

*Sponsored by Children's Hospital Colorado*

### Children's Room Open House

*Harborside D & E*

*Saturday, June 29th, 5:00pm - 5:30pm*

Bring your family and explore the children's room. This is a Q & A time for parents to gain information about the events and procedures for this year's activities as well as to meet the coordinator Lou Ann McKay

### Children's Room

*Harborside D & E*

*Sunday - Tuesday, 8:00am - 12:00pm, 1:00pm - 4:00pm*

*Wednesday 8:30am - 1:00pm*

The children's room is a safe and exciting environment for children, ages 0-10, to explore, create, play and make friends while their families attend workshops and meetings. This room will be staffed by LPA members, their families and friends under the coordination of Lou Ann McKay, who has had years of previous experience with running the children's room. Lou Ann is an LPA parent and credentialed teacher, who taught kindergarten in San Diego for 34 years.

### Children's Room Guidelines:

Due to legal constraints, parents must remain on the hotel property at all times.

- All parents must provide the coordinators with a United States based phone number so that they may be reached in case of an emergency. Without this, a child(ren) will not be allowed to stay and registration fees will not be refunded.
- Due to food allergies, only water will be allowed in the Children's Room. Bottles for infants are allowed, however, they should be pre-made and labeled with your child's name.
- Parents must provide consent for all older children needing assistance with the bathroom. Parents will be called for diaper changes.
- Parents must provide any equipment or materials needed for their child's care and must be clearly labeled with their child's name.
- Your prompt pickup of your child(ren) is greatly appreciated! If there are repeated issues with pickups, we may deny access and withhold any refund.



## **CITM (Caught in the Middle) Activities**

**10 to 13 years of age, AH and LP youth welcome.**

### **Friday, June 28th**

#### **Meet & Greet**

*Harborside Salon A & B, 4th Floor*

*3:30pm - 4:30pm*

We will start with a brief meet 'n' greet, some intros, and a few icebreakers. We will also learn about what is happening during the rest of the week, with a couple of games thrown in - don't miss out!! Meet in the CITM room.

### **Saturday, June 29th**

#### **Icebreaker Games**

*Harborside Salon A & B, 4th Floor*

*10:00am - 11:30am*

Come and hang out with friends and participate in fun activities. Meet in the CITM room. We will be playing all sorts of fun, fast-paced games. It's all about bonding with new and old friends.

### **Sunday, June 30th**

#### **Off-site - Visiting the Maryland Science Center**

*Meet in the Lobby at 12:30*

*12:30pm - 4:00pm*

**Sold out! Pre-registration required.** We will meet in the lobby at 12:30, then we will start our stroll to the Maryland Science Museum. Science gets super fun at the Maryland Science Center, an interactive and educational destination featuring three levels of exhibits, exploring subjects such as astronomy, paleontology, the human body, and physics. **Tickets required.**

### **Monday, July 1st**

#### **Laser Tag & Gaga Ball**

*Harborside Salon A & B, 4th Floor*

*10:00am - 1:00pm*

Laser Tag is an exciting combination of tag and hide & seek with a little Star Trek thrown in for

good measure. Players compete in teams to find and tag their opponents using high-tech lasers. Obstacles on the battlefield create opportunities to hide and ambush opponents. With a little bit of strategy, some quick wits (and even quicker reflexes) your team will emerge victorious.

Gaga Ball is an exciting variation of dodge ball where players stand inside an octagonal pit and try hitting each other with the ball. If a player gets hit below the waist or knees, they are out of the game and the last person standing wins. Gaga ball has simple rules that make it a perfect game for all.

## Tuesday, July 2nd

### Group Games, Gaga Ball, and Activities

*Harborside Salon A & B, 4th Floor*

*10:00am - 12:00pm*

Come and hang out with friends and participate in fun activities. Meet in the CITM room. We will be playing all sorts of fun fast-paced games.

## Wednesday, July 3rd

### Laser Tag

*Harborside Salon A & B, 4th Floor*

*1:00pm - 4:00pm*

A continuation of Monday's battles - let's see who comes out on top!

## Thursday, July 4th

### Group Games and Activities

*Harborside Salon A & B, 4th Floor*

*1:00pm - 3:00pm*

Come and hang out with friends and participate in fun activities. Meet in the CITM room. We will be playing all sorts of fun fast-paced games. Last day to say goodbye and trade contact info!



## Teen Events

### **High School: 14 to 18 year olds; AH & LP Welcome**

It's going to be a fun and eventful week for our conference teens with both onsite and off-site events. The Teen Events are all included in the price of registration, except where otherwise noted.

### **Saturday, June 29th**

#### **Get to Know You Meet & Greet**

*Grand Ballroom Salons 7 & 8*

*2:00pm - 3:00pm*

Calling all Teens! This event will allow you to interact and socialize with fellow teens and meet with our awesome Young Adult Ambassadors. Learn about the events going on throughout the week .

#### **Capture the Flag**

*Grand Ballroom Salons 7 & 8*

*3:00pm - 4:00pm*

Capture the flag is a game of strategy, tag and teamwork. This game is played by sending part of the team to "enemy territory" to capture their flag.

### **Sunday, June 30th**

#### **Top of the World**

*Meet in Lobby*

*1:00pm - 3:30pm*

High above the city, gaze upon Baltimore's majestic skyline at Top of the World - which is located on the 27th floor of the World Trade Center. Discover Baltimore from a whole new perspective! Top of the World tickets are \$8 per person, buy on your own at the Trade Center. Meet in Lobby to walk over together to 410 E. Pratt Street.

## Monday, July 1st

### Laser Tag

*Harborside Salon A & B, 4th Floor*

*10:00am - 1:00pm*

Laser Tag - where you can hang out with the CITM group and go to battle. (See description on page 95).

## Tuesday, July 2nd

### Pierce's Park

*Meet In Lobby*

*11:30am - 2:00pm*

Meet in the lobby to walk over to join us for a relaxing afternoon in the park. Be sure to bring your favorite snack/food and/or drink and come hang out at the park with friends, new and old. Make sure to bring your "A game" for fun filled frisbee, paddle ball, and other fun games.

## Wednesday, July 3rd

### Laser Tag

*Harborside Salon A & B, 4th Floor*

*1:00pm - 4:00pm*

A continuation of Monday's battles - let's see who comes out on top!

## Thursday, July 4th

### Charm City Clue Room

*Meet in Lobby*

*10:45am - 12:00pm*

Do you love the challenge of having to solve complex puzzles under pressure with your friends by your side? This twist on an Escape Room has three rooms of different challenges which will provide the opportunity to work as a team with your besties. Lunch on your own. **Pre-registration and Tickets required.**



## YA at LPA: Young Adult Events

**YA at LPA: 18 to 24 year olds; AH & LP Welcome**

### Saturday, June 29th

#### Coffee Meet Up

*Meet in Lobby*

*10:00am - 11:00am*

Kickstart the conference with a relaxed coffee meet-up at Starbucks, conveniently located just across the street. Begin your day with easy-going conversations and make new connections in a comfortable setting.



### Sunday, June 30th

#### Angeli's Pizzeria

*Meet in Lobby*

*1:00pm - 3:00pm*

Savor a slice of delicious pizza paired with a refreshing cup of soda while catching up with friends. Angeli's Pizzeria offers a cozy atmosphere, making it an ideal spot for a casual get-together. Pizza purchasing on your own.

### Monday, July 1st

#### Harbor East Cinema

*Meet in Lobby*

*1:00pm - 5:00pm*

Delight in a cinematic experience at Harbor East Cinema, where you can immerse yourself in captivating films. It's a perfect opportunity to unwind and enjoy some quality entertainment.



## Tuesday, July 2nd

### Mustang Alley's Bowling

**Food Included; Sponsored by the Garden State Chapter**

*Meet in the Lobby*

*6:45pm - 10:00pm, preregistration required, 21 and up only.*

Enjoy a bowling extravaganza with your friends at Mustang Alleys. Indulge in friendly competition while snacking on delicious food. Take in the atmosphere of ping pong, darts and an arcade also available for some major competitive gaming. **Tickets Required.**

## Wednesday, July 3rd

### Trivia and Pizza Night

*Hospitality Suite 708*

*7:00pm - 10:00pm*

Engage in an evening of trivia and pizza right at the hotel. Participate in laid-back yet highly entertaining games that provide a fantastic opportunity to connect. Get ready for a night of laughter and camaraderie.

## Thursday, July 4th

### Five Iron Golf Event - Available to everyone, but the YA group will love it!

*Meet in Lobby*

*12:30pm - 3:30pm, preregistration required*

Embark on an indoor golf adventure with golf simulations that promise loads of fun and excitement. This will be a state-of-the-art golfing and gaming activity - swing the golf club, hit a real ball into a screen and get your stats back. There is also a ton of additional gaming to do. So. Much. Fun. Food Included. All ages are welcome! **Tickets Required.**



## *Average Height Youth Events*

**All ages between 8-21 years old, AH youth welcome.** Come share your conference week with your peers – we're all members of LPA!

### **Sunday, June 30th**

#### **Meet and Greet**

*Falkland, 4th Floor*

*10:00am - 11:00am*

Initial 'discussion' meeting about how it feels to be at this super cool national conference, expectations we have of the week, what we are hoping to get out of this experience, and what we're excited about. Time to exchange contact information so you can keep in touch during the conference and beyond.

#### **Photo Scavenger Hunt**

*Falkland, 4th Floor*

*11:00am - 1:00pm*

Explore the hotel during an exciting Scavenger Hunt with your average height peers, while getting to know each other and working together as a team. We want everyone to participate and hope for the older, role models of the youth crowd to be part of this experience to team with the younger members. Come have some fun and win some very useful and awesome prizes!

### **Monday, July 1st**

#### **Painting and Pondering**

*Harborside C, 4th Floor*

*1:30pm - 3:00pm*

Chill out and come paint, soak in artistic vibes, and let the art move you. Make a memory of the week that you can bring home and hang on your wall .

## Tuesday, July 2nd

### Games and Workshop for AH Younger Youth, 8 - 12 years old

*Falkland, 4th Floor*

*9:00am - 10:00am*

Come and hang out with friends and participate in fun activities, while sharing what's cool/uncool about being here at LPA.

### Games and Workshop for AH Younger Youth, 13 and up

*Falkland, 4th Floor*

*10:30am - 11:30am*

It's all about games and chillin' on a Tuesday.

## Wednesday, July 3rd

### Average Height Youth Workshop (Ages 8 to 12)

*10:00am - 11:00am*

### Average Height Youth Workshop (Ages 13 and up)

*11:15am - 12:15pm*

*Falkland, 4th Floor*

*Presenter: Katharine Cartwright*

Meet up with the friends that you made during the week to talk about your experiences at conferences and at home. Share your stories and support other average-height family members of LPA. What is it like to have most people remember our LP family member's name, but not necessarily ours? How do we handle people staring or name-calling? What's the best part of being a part of this LP community, and where do we fit in? Opportunities to discuss a wide range of topics with candor: family, friends, school, recreational activities, and individual concerns. No parent or adult participation, please.



## OWLS Events

***Our OWLS group is robust, opinionated, and very active. Here's what the 50+ group are doing in Baltimore!***

### **Saturday, June 29th**

#### **OWLS Meet-up for Lunch**

*Meet in Aprooes, Hotel Restaurant*

*12:00pm*

*Food, Friends, and Fun.*

### **Sunday, June 30th**

#### **Coffee Chat**

*Meet in Aprooes, Hotel Restaurant*

*9:30am - 10:30am*

#### **OWLS Reception (Older Wiser Little Seniors)**

*Sponsored by Tony Soares, UW Health, & Craig McCulloh*

*Raven*

*Sunday, June 30th, 4:30pm - 5:30pm*

You are invited to come and meet others who are enjoying their best and wisest years yet.

Whether you are new to LPA or have attended many conferences in the past, this is a wonderful opportunity to catch up with friends old and new.

### **Monday, July 1st**

#### **Walk with Carole**

*Meet in Lobby*

*7:15am*

*Exercise and friendship at the same time!*

#### **OWLS Meet-up for Lunch**

*Meet in Aprooes, Hotel Restaurant*

*12:00pm*

#### **OWLS Marshmallow Challenge**

*Raven Room*

*5:00pm-7:00pm*

Let's brush up on our architecture skills. Teams must build a free-standing structure out of dry spaghetti, a yard of string, a yard of masking tape and one large marshmallow.

## Tuesday, July 2nd

### Walk with Carole

*Meet in Lobby*

7:15am

### Coffee Chat

*Meet in Apropos, Hotel Restaurant*

9:30am - 10:30am

### OWLS Through the Years Trivia

*Raven Room*

4:00pm - 5:30pm

Whether you are a Cool Cat, a Far out/Outta Sight Hippy or a Totally Tubular Spicoli Wanna Be, come dressed up from your favorite decade! Get ready to put those thinking caps on because do we have a game for you...

## Wednesday, July 3rd

### Walk with Carole

*Meet in Lobby*

7:15am

### OWLS Meet-up for Lunch

*Meet in Apropos, Hotel Restaurant*

12:00pm

### OWLS Sip & Paint

*Harborside C*

3:00pm-5:00pm, *preregistration required*

OWLS, come tap into your inner Bob Ross! We are offering a painting class for the artists in our bunch. Beginners welcome! Drinks will be purchased on your own by cash bar. There is a charge for supplies. **Ticket required.**

## Thursday, July 4th

### Coffee Chat - reflection over the week

*Meet in Apropos, Hotel Restaurant*

9:30am - 10:30am



## Onsite Special Events

### **LPA Fashion Show –Celebrating our Community, Creativity, & Cultures**

*Grand Ballroom*

*Monday, July 1st/ 7:00pm - 8:30pm*

Join us for an exciting and empowering event showcasing and celebrating the beauty and strength of our diverse community! We cannot wait to see 90 models walk and roll down the runway in outfits that make them feel powerful and proud.

The event will open with a special “Future LPAFS Models” video, featuring models ages 4 and under. Throughout the evening, you’ll hear empowering messages from “Role Models” in our community. Our “Runway Around the World” models will wear traditional or modern clothing from their cultures.

Important Information for Models/Parents:

#### **3:00 PM ET Mandatory Rehearsal in the Grand Ballroom**

6:30 PM ET All models must arrive in the Grand Ballroom to check in

6:50 PM ET Ballroom doors will open for guests to find seats

7:00 PM ET Fashion Show starts

***There is no on-site registration for the LPA Fashion Show.***

### **LPA Talent Show - Hairspray!**

*Grand Ballroom*

*Tuesday, July 2nd/ 7:00pm - 8:30pm*

Good evening Baltimore! We are back with our annual LPA Talent Show, this time in Baltimore, where we are welcoming you back to the 60's with Hairspray. Get ready for a fun night of entertainment for the whole family, showcasing the talent of our very own members from across the country.

***Mandatory Rehearsal for all Talent Show participants is on Tuesday (July 2nd) at 4:00pm in the Grand Ballroom.***

## Baile Latino (Latin Dance Night)

*Raven Room*

*Tuesday, July 2nd / 8:00pm - 11:00pm*

Ven a bailar al ritmo de la música latina..., salsa, merengue, cumbia y más! No te pierdas esta divertida oportunidad de compartir con nuevos y viejos amigos. Están todos invitados

Come dance with the Latin music rhythm..., salsa, merengue, cumbia and much more! Don't miss this fun opportunity to share with new and old friends. Everyone is invited.

## The Return of Benjamin Lay

*Grand Ballroom*

*Wednesday, July 3rd/ 7:00pm - 8:30pm, preregistration required.*

Come experience a special event on the life of Benjamin Lay - shepherd, sailor, prophet, revolutionary abolitionist and proud little person. When staged at the Finborough Theatre in London in 2023, Mark Povinelli's performance was hailed by the critics as "AMAZING" and nominated for the best solo performance by London's Off West End Theatre Awards. Our former LPA president will stage a reading of the play and along with historian and co-playwright, Marcus Rediker, will hold a talkback after the performance. Ticket costs will be donated directly back to LPA.

Once admitted into the "theatre", we will need to keep doors closed out of respect for the audience and the performance. **Tickets Required.** **\*\*No one will be admitted or re-admitted once the performance begins, so make sure to take care of all personal interests before the show!**

## Children's Banquet – A Magical Night!

*Grand VIII & IX*

*Thursday, July 4th/ 6:00pm - 8:30pm, preregistration required*

We welcome your children to an enchanted evening of food, fun and laughter Under the Sea. The kiddos will enjoy a banquet under the friendly faces of the creatures of the sea from 6:00 pm until 8:30 pm. In a room full of music, color and friendly faces, the children will find activities, games, glitter and sea creature tattoos. They will be mesmerized by the magic of magician Anthony Ware followed by time to dance the night away.

**PLEASE BE SURE TO PICK UP YOUR CHILDREN NO LATER THAN 8:30 PM. Parents must be attending the LPA Stars at Night Banquet Celebration in order for their child(ren) to register for the Children's Banquet.**



## Onsite Special Events

### Baltimore's Banquet - The Star Spangled Banquet

Thursday, July 4th

Cocktail Hour Starts at 5:00pm • Banquet Dinner From 6:00pm - 8:00pm

Grand Ballroom, **Ticket Required.**

*Oh, Say Can You See.... The History of LPA is happening tonight in the Grand Ballroom!*

Oh Say Can You See.... Delicious Food, Smiling Faces, and Sparkling Fireworks are in store on this memorable 4th of July - a fancy ending to our amazing week in Baltimore.

The week of the LPA conference always proves to be an unforgettable time for so many of our members. Celebrate our incredible community at this year's Star Spangled Banquet.

The night will certainly include a fantastic celebration of community, friendship and most importantly, love. Our Star Spangled Banquet will include an evening of performances, speakers, dinner, and dancing on Thursday, July 4th in the Grand Ballroom at the Baltimore Marriott Waterfront. The Cocktail Hour will begin at 5:00pm with the Banquet Dinner starting at 6:00pm. We hope you will join us for this shimmering evening! Seating will be first come, first served, so don't be late!

At this Stars at Night Celebration, we have the honor and privilege of welcoming Past President Angela Van Etten as LPA's 2024 keynote speaker. We are so excited to hear about Angela's journey as an author, advocate, attorney, and who has demonstrated unparalleled leadership in our community.







*C. Angela Van Etten*  
*Keynote Speaker*

As a dwarf of 40 inches, Angela is a dual citizen of New Zealand and the U.S. where she qualified as a lawyer and served as national president of both Little People organizations. She has retired from her career as a barrister and solicitor, legal writer and editor, and disability advocate. LPA awarded Angela the Kitchens Meritorious Service Award for her leadership in banning dwarf tossing and ensuring ATMs and gas pumps are accessible to people with dwarfism and other disabilities.

Angela has lived in four LPA districts and attended 29 national conferences with Past President Robert Van Etten and husband of 42 years. For the rest of the story, go to her website at [angelauiirvanetten.com](http://angelauiirvanetten.com) for links to her memoir trilogy and weekly blog posts.



## Offsite Special Events

### **Baltimore City Tour**

*Saturday, June 29th*

*12:00pm - 3:30pm*

*Meet in Lobby*

Start off the week by getting to know a little about this historic city. Discover why the British chose to attack Baltimore during the War of 1812 and the unusual circumstances that led to the birth of our National Anthem. This guided bus tour includes stops at Ft. McHenry National Monument and Historic Shrine as well as Federal Hill Park. Guests will also learn about other significant Baltimore sites and landmarks. Please eat lunch beforehand. Includes motor coach, professional guide service, and admission to Ft. McHenry. ***Pre-purchased tickets required.***

### **Baseball Game: Baltimore Orioles v. Texas Rangers**

*Saturday, June 29th*

*5:00pm - 10:00pm*

*Meet in Lobby*

One of the most exciting and unique opportunities to take in a baseball game with hundreds of your LP friends! When Oriole Park at Camden Yards opened in 1992, it changed the landscape of baseball forever; and 29 years later, it remains the best place on Earth to enjoy the greatest game on the planet. The Orioles have a long history in the American League and Baltimore fans are with them through thick and thin. While supplies last - get there on the early side - fans get a super cool promo Orioles Hawaiian shirt - perfect for the Beachwear Barty Lounge! ***Pre-purchased tickets required.***

***\*\*Be sure to exchange your paper tickets for official baseball admission tickets before the game. Bring your friends so you can all sit together! Tickets will be exchanged near LPA Concierge on the 3rd Floor, from 1:00pm - 3:00pm prior to the game on Saturday. If you can't make that time, tickets will be waiting at the LPA Concierge Desk.\*\****

### **Baseball Walking Tour - SOLD OUT**

*Saturday, June 29th*

*Immediately after the game*

*Meet in Camden Yards, between Gates F and G.*

Join your professional guide for a scenic walk from Oriole Park at Camden Yards back to your hotel following the game! You'll learn all about the history of the Ballpark that changed baseball and the great history of the Orioles in Baltimore. ***Pre-purchased tickets required.***

### **Aquabash! LPA's Opening Celebration - SOLD OUT**

*Sponsored by Johns Hopkins Medicine and the Greenberg Center*

*Sunday, June 30th*

*6:30pm - 9:30pm*

*Meet In Lobby, Preregistration required.*

To start our week in Baltimore, experience a **private** event at our country's only National Aquarium. Johns Hopkins is sponsoring this year's opening celebration, to offset costs of having the entire aquarium all to ourselves! Young and old alike will find pleasure in this evening's extravaganza with no butts (blocking your view ) about it. Come connect under the sea for dinner and all the aquarium has to offer. A short walk or scooter ride away from the hotel. Start the week with old and new friends and come and see what the tide washed into this year's conference. A cash bar will be available. **Pre-purchased tickets required.**

### **Discover Annapolis Tour**

*Monday, July 1st*

*10:30am - 5:00pm*

*Meet in Lobby, Preregistration required.*

Travel to Maryland's capital, the beautifully preserved city of Annapolis. This colonial-era city is chock full of remarkable history, including the nation's oldest State House in continuous legislative use. Annapolis is also home to the United States Naval Academy and a custom-designed military reunion tour of "The Yard" that will include a visit to the breathtaking Chapel and the Crypt of John Paul Jones (this crypt does have stairs). Admission ticket to the United States Naval Academy is included with this tour. Some walking required, access may be limited in certain parts of the Naval Academy. **Pre-purchased tickets required.**

### **Discover DC Tour**

*Tuesday, July 2nd*

*10:00am - 4:30pm*

*Meet in Lobby, Preregistration required.*

Explore American history in our nation's capital! Led by a licensed D.C. tour guide, you'll depart from Baltimore and upon arrival in D.C. you'll get an up-close look at some of America's most celebrated monuments and memorials, including the Washington Monument, the Lincoln Memorial, the MLK Memorial, and more! Everyone can enjoy their included boxed lunch at the Jefferson Memorial, while taking in the history. **Pre-purchased tickets required.**



## Offsite Special Events

### Young Adults: Mustang Alley's Bowling

*Tuesday, July 2nd*

*Meet in the Lobby*

*6:45pm - 10:00pm, preregistration required, 21 and up only.*

Enjoy a bowling extravaganza with your friends at Mustang Alleys. Indulge in friendly competition while snacking on delicious food. **Food Included; Sponsored by the Garden State Chapter.** Take in the atmosphere of ping pong, darts and an arcade also available for some major competitive gaming. **Tickets Required.**

### Baltimore Water Taxi Hop On / Hop Off

*Wednesday, July 3rd /1:00pm - 6:00pm*

*Meet in Lobby*

Hop on and hop off LPA's private water taxi just off the entrance of the hotel. Enjoy Baltimore from the perspective of the Harbor and have the opportunity to visit some different sites and neighborhoods from the water "bus"! Or, stay on the water taxi and take a 40 minute (or so) loop around the beautiful Baltimore harbor. Capacity of the boat is limited, and wristbands will be required. **Pre-purchased tickets required.**

### Baltimore Evening Cruises - **SOLD OUT**

*Wednesday, July 3rd:*

*6:15pm - 7:20pm Twilight Cruise*

*7:15pm - 8:30pm Sunset Cruise*

*8:30pm - 9:45pm Evening Cruise*

*Meet in Lobby*

Enjoy an intimate evening cruise on the Key's Anthem ship around the Baltimore Harbor, with a tour guide explaining the great city of Baltimore from the Harbor. A small snack and non-alcoholic beverages will be provided. BYO alcoholic beverages on board if you prefer. **Pre-purchased tickets required.**

### Five Iron Golf

*Meet in the Lobby*

*12:30pm - 3:30pm, preregistration required*

LPA has rented a private space for an incredible day of golfing and also gaming! Embark on an indoor golf adventure with golf simulations that promise loads of fun and excitement. You can choose from 93 championship courses, such as Pebble Beach or Bethpage Black. The driving range will give you accurate data on your swings - how far, how wonky, or how perfect. Other fun games include "breaking windows" or "kicking field goals". What a great opportunity to have a private golf party with all of your LPA friends! **Food Included. Tickets Required.**

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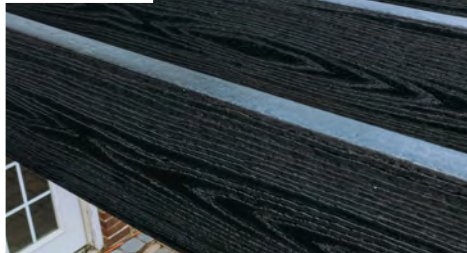
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# The Greenberg Center for Skeletal Dysplasia Johns Hopkins Medicine

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## AQUABASH!



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### Overview

The Kathryn and Alan C. Greenberg Center for Skeletal Dysplasia encompasses a multi-disciplinary team of providers, who are dedicated to improving the lives of persons of short stature through medicine, education, community, resources, and psychosocial support to patients and their families. We offer coordinated care throughout the lifespan.

We are proud to be the first clinic for skeletal dysplasias in the United States, and a proud support of LPA for over 60 years!



### Greenberg Center Team \*we work with additional specialties, including Physical Medicine & Rehab

- 👩 Dr. Julie Hoover-Fong, Director (Genetics), MAB
- 👨 Dr. Mari Groves (Neurosurgery), MAB
- 👨 Dr. Paul Sponseller (Orthopedic Surgery)
- 👩 Dr. Laura Sterni (Pulmonology)
- 👨 Dr. David Tunkel (ENT), MAB
- 👩 Colleen Gioffreda (Administrator), MAB
- 👩 Kira Lurman (Nurse)
- 👩 Amy Patterson (Genetic Counselor)



### Contact Information

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